

Farm To School 2016-2017



Carrots are white, yellow, red or orange roots that grow underground!



Eating carrots keeps your eyes, skin, hair and nails healthy!



Dip your carrot sticks in hummus for a snack!



Manheim Farms

Owned by Hugh Manheim and his family for 24 years.
Located 99.85 miles away in Whateley, MA.

