April 2018

Lowell Public Schools: Grab N Go Cart Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Stuffed Mini Bagels Oranges Pears Juice	**3** Sausage, Egg, & Cheese Burrito Apples Mixed Fruit Juice	**4** Cinni Mini's Apples LG Oranges Juice	**5** Egg & Cheese Muffin Apples LG Pears Juice	**6** WG Donut Apples Oranges
9 Stuffed Mini Bagels Oranges Pears Juice	**10** Apple Frudel Apples Mixed Fruit Juice	**11** Mini French Toast Applesauce Oranges Juice	**12** Mini Pancakes Raisins Apples LG Juice	**13** WG Donut Oranges Peaches Apples LG
16 **B**	**17** **R**	**18** **E**	**19** **A**	**20** **K**
23 Stuffed Mini Bagels Apples Pears Juice	**24** Bacon and Egg On a Bagel Apples Oranges Juice	**25** Mini Waffles Apples LG Oranges Juice	**26** Cherry Frudel Apples LG Pears Juice	**27** Chocolate Filled Croissant Apples Oranges
30 Stuffed Mini Bagels Apples Pears Juice	**1** Strawberry Nutri-grain Bars Graham Crackers Apples Mixed Fruit Juice	**2** Mini Waffles Applesauce Oranges Juice	**3** Assorted Benefit Bars Raisins Apples Juice	**4** Whole Grain Donut Apples Bananas

Breakfast includes:

Skim milk
1% Milk
FF Chocolate

Fresh Fruit
100% Fruit Juice

Offered Daily:
Assorted Cereal
Bagel & Cream Cheese
Cereal Bar & Graham Crackers
SBJ Sandwich
Muffins
Breakfast Round
Oatmeal Bar
String Cheese

All Grains are Whole Grain

ALL Students Eat At NO COST!

LG
Locally Grown

u.b.u. lounge

Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!
www.lpsfarm2school.com

Menus are subject to change without notice.

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