



High School Satellite Lunch Menu April 2018

2
Crispy Chicken Tenders
W/Dinner Roll
Greek Chicken Salad

Chicken Salad Sandwich
Butternut Squash **LG**
Side Salad
Bananas, Pears
Juice

3
Ham and Cheese Flatbread
Fruit and Cheese Platter **V**
Greek Chicken Salad
Tater Tots
Mixed Vegetables **LG**
Apples
Banana

4
Country Chicken Bowl
Greek Chicken Salad
Chicken Salad Sandwich
Kale **LG**, Peas **LG**
Oranges, Banana

5
Soft Beef Taco's
Greek Chicken Salad
Chicken Salad Sandwich
Pinto Beans, Corn
Pears, Apples **LG**

6
Cheese Pizza **V**
Side Salad, Carrot sticks
Orange, Apple
Juice

9
Chicken Patty Sandwich
Turkey & Cheese Salad
Ham Sandwich
Green Beans, Carrots
Apples, Oranges, Juice

10
French Toast W/ Eggs **V** OR
Sausage
Turkey & Cheese Salad
Ham Sandwich
Kale, Corn
Apples, Pears

11
**Southern
Chicken Sandwich**
Turkey & Cheese Salad
Ham Sandwich
Butternut Squash **LG**
Broccoli Rabe **LG**
Oranges, Bananas
Fuel Up Promotion

12
Pasta Primavera W/ Chicken
Turkey & Cheese Salad
Ham Sandwich
Black Beans, Peas
Apples, Pears

13
Cheese Pizza **V**
Side Salad, Carrots
Apples, Oranges, Juice

16
B

17
R

18
E

19
A

20
K

23
Chicken Nuggets with Roll
Chicken Caesar Salad
Ham, Turkey Sandwich
Butternut squash
Broccoli Rabe **LG**
Apples, Raisins
Juice

24
Cheeseburger
Chicken Caesar Salad
Ham, Turkey Sandwich
Peas **LG**
Lemon Garlic Potato Salad
LG Oranges, Apples
Harvest of The Month:
Potatoes

25
Shepard's Pie
Chicken Caesar Salad
Ham, Turkey Sandwich
Kale, Mixed Vegetables
Green Beans **LG**
Banana, Apples

26
BBQ Chicken Sandwich
Chicken Caesar Salad
Ham, Turkey Sandwich
Pinto Beans, Kale **LG**
Pears, Applesauce

27
Cheese Pizza **V**
Side Salad, Carrots
Banana, Apples, Juice

30
Goey Grilled Cheese
Taco Salad
Turkey Wrap
Broccoli Rabe **LG**
Butternut Squash **LG**
Apples, Mixed Fruit, Juice

1
Country Chicken Bowl
W/ Dinner Roll
Taco Salad
Turkey Wrap
Broccoli,
Mixed Vegetables **LG**
Bananas, Pears

2
Pasta W/ Meat Sauce
Taco Salad
Turkey Wrap
Green Beans, Kale **LG**
Oranges, Bananas

3
Hamburger
Taco Salad
Turkey Wrap
Pinto Beans, Corn **LG**
Apples, Pears

4
Cheese Pizza **V**
Side Salad, Carrots
Banana, Apples, Juice

Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Check out our new website farm to school!
www.lpsfarm2school.com

Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
Milk: Skim, Chocolate, 1% White
All Breads/Wraps are Whole Grain
All students eat at no cost!

Menus are subject to change

LG Locally Grown

V Vegetarian