



2018

April

Lowell Public Schools: Lowell High School Breakfast Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 Sausage, Egg, & Cheese on a Bagel Apples Pears Juice	3 Sausage & Cheese on an English Muffin Mixed Fruit Oranges Juice	4 Overnight Oats Pears Apples <small>LG</small> Juice	5 Sausage & Cheese on an English Muffin Bananas Raisins Juice	6 Bacon, Egg, & Cheese Flatbread Grapes Peaches	<p>Special News... Breakfast includes: Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>Offered Daily: Assorted Cereal Bagel & Cream Cheese Cereal Bar & Yogurt SBJ Sandwich Muffins Breakfast Round Oatmeal Bar Breakfast Sandwich</p> <p>All Grains are Whole Grain</p> <p>ALL Students Eat At NO COST! <small>LG</small> Locally Grown</p> <p>Menus are subject to change without notice.</p>				
9 Sausage & Cheese on an English Muffin Apples Pears Juice	10 Egg & Cheese on an English Muffin Oranges Mixed Fruit Juice	11 Smoothies Pears Apples <small>LG</small> Juice	12 Bacon Egg & Cheese Donut Melt Bananas Raisins Juice	13 Turkey, Ham, Egg, & Cheese Flatbread Grapes Apples <small>LG</small>					
16 B	17 R	18 E	19 A	20 K					
23 Ham, Egg, & Cheese Flatbread Pears Applesauce Juice	24 Cinni Mini's Oranges Mixed Fruit Juice	25 Yogurt Parfait Graham Crackers Apples Pears Juice	26 Hard Boiled Eggs Graham Crackers Bananas Raisins Juice	27 WG Donut Grapes Apples <small>LG</small>					
30 Sausage & Cheese on an English Muffin Peaches Pears Juice	1 Egg & Cheese on an English Muffin Oranges Mixed Fruit Juice	2 Overnight Oats Pears Applesauce Juice	3 Sausage & Cheese on an English Muffin Bananas Raisins Juice	4 Yogurt Parfait Graham Crackers Apples Pears Juice					

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 Also check out the farm to school website www.lpsfarm2school.com

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