



# April

## Lowell Public Schools Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>2</b> Mini French Toast  Apples Bananas Juice	<b>3</b> Cinni Mini's  Mixed Fruit Oranges Juice	<b>4</b> Assorted Cereal Bars & String Cheese  Bananas Pears Juice	<b>5</b> Assorted Benefit Bars  Applesauce Raisins Juice	<b>6</b> Assorted Cereal  Graham Crackers  Apples <small>LG</small> Pears	<p><b>ALL</b> Students eat breakfast at <b>No Cost!</b></p> <p><b>Breakfast includes:</b> Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with <b>access to school breakfast</b> eat more <b>fruit</b>, drink more <b>milk</b> &amp; eat a wider <b>variety</b> of foods.”</p>
<b>9</b> Apple Frudel  Oranges Bananas Juice	<b>10</b> Bagel W/ Cream Cheese  Mixed Fruit Oranges Juice	<b>11</b> Mini Pancakes  Applesauce Bananas Juice	<b>12</b> UBR Bars  Oranges Raisins Juice	<b>13</b> Donut Holes  Oranges Apples <small>LG</small>	
<b>16</b>  <b>B</b>	<b>17</b>  <b>R</b>	<b>18</b>  <b>E</b>	<b>19</b>  <b>A</b>	<b>20</b>  <b>K</b>	
<b>23</b> Assorted Cereal Bars String Cheese  Oranges Raisins Juice	<b>24</b> Mini Stuffed Bagels  Apples Bananas Juice	<b>25</b> Strawberry Nutri-grain Bars Graham Crackers  Apples Oranges Juice	<b>26</b> Cherry Frudel  Applesauce Pears Juice	<b>27</b> Chocolate Filled Croissants  Apples <small>LG</small> Bananas	
<b>30</b> Assorted Benefit Bars  Apples <small>LG</small> Pears Juice	<b>1</b> Chocolate Chip Oatmeal Bars Graham Crackers  Mixed Fruit Bananas Juice	<b>2</b> Mini Waffles  Applesauce Oranges Juice	<b>3</b> Assorted Muffins Graham Crackers  Bananas Raisins Juice	<b>4</b> UBR Bars  Oranges Bananas Apples	

Check out [www.lowell.schooldish.com](http://www.lowell.schooldish.com) for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website [www.lpsfarm2school.com](http://www.lpsfarm2school.com)



Locally Grown

Menus are subject to change without notice.



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