



April

2018

Lowell Public Schools: Middle School Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
2	Stuffed Mini Bagels Oranges Pears Juice	3	Sausage, Egg, & Cheese Burrito Apples Mixed Fruit Juice	4	Cinni Mini's Apples ^{LG} Oranges Juice	5	Egg & Cheese Muffin Apples ^{LG} Pears Juice	6	WG Donut Apples Oranges	Breakfast includes: Skim milk 1% Milk FF Chocolate Fresh Fruit 100% Fruit Juice Offered Daily: Assorted Cereal Bagel & Cream Cheese Cereal Bar & Graham Crackers SBJ Sandwich Muffins Breakfast Round Oatmeal Bar String Cheese All Grains are Whole Grain ALL Students Eat At NO COST! ^{LG} Locally Grown
9	Stuffed Mini Bagels Oranges Pears Juice	10	Apple Frudel Apples Mixed Fruit Juice	11	Mini French Toast Applesauce Oranges Juice	12	Mini Pancakes Raisins Apples ^{LG} Juice	13	WG Donut Oranges Peaches Apples ^{LG}	
16	B	17	R	18	E	19	A	20	K	
23	Stuffed Mini Bagels Apples Pears Juice	24	Bacon and Egg On a Bagel Apples Oranges Juice	25	Mini Waffles Apples ^{LG} Oranges Juice	26	Cherry Frudel Apples ^{LG} Pears Juice	27	Chocolate Filled Croissant Apples Oranges	
30	Stuffed Mini Bagels Apples Pears Juice	1	Strawberry Nutri-grain Bars Graham Crackers Apples Mixed Fruit Juice	2	Mini Waffles Applesauce Oranges Juice	3	Assorted Benefit Bars Raisins Apples Juice	4	Whole Grain Donut Apples Bananas	



Check out [www.lowell.schooldish.com](http://www.lowell schooldish.com) for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!
www.lpsfarm2school.com

Menus are subject to change without notice.



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