

August/September

Lowell Public Schools Elementary Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Welcome back!	28 Cherry Frudel Apples <small>LG</small> Bananas Juice	29 Maple Waffle Apples <small>LG</small> Oranges Juice	30 Bagel W/ Cream Cheese Apples <small>LG</small> Bananas Juice	31 No School	<p>ALL Students eat breakfast at No Cost!</p> <p>Breakfast includes: Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with access to school breakfast eat more fruit, drink more milk & eat a wider variety of foods.”</p>
3 No School Labor Day	4 No School Election Day	5 Assorted Cereal Bars String Cheese Pears Bananas Juice	6 French Toast Apples <small>LG</small> Bananas Juice	7 Assorted Muffins Graham Crackers Apples <small>LG</small> Pears	
10 Apple Frudel Oranges Bananas	11 Bagel W/ Cream Cheese Oranges Fruit Cup Juice	12 Assorted Benefit Bars Oranges Bananas Juice	13 Assorted Yogurt Chocolate Chip Oatmeal Bar Oranges Raisins Juice	14 Assorted Cereals Graham Crackers Apples <small>LG</small> Oranges	
17 Chocolate Chip Oatmeal Bars Graham Crackers Apples <small>LG</small> Fruit Cup	18 Bagel W/ Cream Cheese Oranges Bananas Juice	19 Assorted Cereal Bars String Cheese Oranges Applesauce Juice	20 Cinni Mini's Oranges Bananas Juice	21 Donut Holes Apples <small>LG</small> Bananas	
24 Assorted Cereal Bars Graham Crackers Apples <small>LG</small> Bananas	25 Apple Frudel Apples <small>LG</small> Pears Juice	26 Nutrigrain Bars String Cheese Oranges Bananas Juice	28 Bagel W/ Cream Cheese Raisins Bananas Juice	28 Assorted Cereals Graham Crackers Apples <small>LG</small> Bananas	

Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website www.lpsfarm2school.com

LG **Locally Grown**

Menus are subject to change without notice.



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