

August/September

Lowell Public Schools: Grab N Go Cart Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Welcome Back!	28 Egg & Cheese Breakfast Flatbread Apples ^{LG} Bananas Juice	29 Cinnamon French toast Oranges Apples ^{LG} Juice	30 Fruit Smoothie Apples ^{LG} Bananas Juice	31 No School	Offered Daily: Assorted Cereal Bagel & Cream Cheese Cereal Bar & Graham Crackers SBJ Sandwich Muffins Breakfast Round Oatmeal Bar Breakfast Sandwich Skim milk 1% Milk FF Chocolate Fresh Fruit All Grains are Whole Grain ALL Students Eat At NO COST! ^{LG} Locally Grown
3 No School Labor Day	4 No School Election Day	5 Cinni Mini's Pears Bananas Juice	6 Bacon, Egg & Cheese Flatbread Apples ^{LG} Bananas Juice	7 Mini Waffles Apples ^{LG} Pears	
10 Mini Stuffed Bagels Oranges Bananas	11 Cheesy Chicken & Ham Biscuit Oranges Mixed Fruit Juice	12 Mini Maple Pancakes Applesauce Bananas Juice	13 Egg, Ham & Cheese Flatbread Oranges Raisins Juice	14 Apple Frudel Apples ^{LG} Oranges	
17 Mini Stuffed Bagels Pears Oranges	18 Egg, Sausage & Cheese Burrito Mixed Fruit Bananas Juice	19 Cinni Mini's Applesauce Oranges Juice	20 Chocolate Crescent Apples ^{LG} Oranges Juice	21 Mini Waffles Apples ^{LG} Bananas	
24 Mini Stuffed Bagels Apples ^{LG} Bananas	25 Bacon, Egg & Cheese Bagel Apples ^{LG} Bananas Juice	26 Fruit Smoothie Apples ^{LG} Oranges Juice	27 Cheesy Chicken Ham Biscuit Apples ^{LG} Pears Juice	28 Cherry Frudel Apples ^{LG} Bananas	



Check out www.lowell.schoolish.com for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!
www.lpsfarm2school.com

Menus are subject to change without notice.



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