



Elementary School Lunch Menu December 2018

3
Fish Sticks W/ Dinner Roll ^V
Fruit Salad ^V
Tuna Salad Sandwich ^V
Broccoli ^{LG}, Corn ^{LG}
Apples, Mixed Fruit
Juice

4
Pancakes W/ Chicken
Sausage OR Eggs and
Yogurt
Popcorn Chicken Salad
Tuna Salad Sandwich ^V
Peas ^{LG}, Butternut Squash
^{LG} Oranges, Peaches

5
Macaroni & Cheese ^V
Fruit Salad ^V
Tuna Salad Sandwich
Carrots, Mixed Veg ^{LG}
Bananas, Pears

6
BBQ Chicken Sandwich
Popcorn Chicken Salad
Tuna Salad Sandwich
Pinto Beans, Kale ^{LG}
Pears, Applesauce

7
Cheese Pizza ^V
Pepperoni Pizza
Fruit Salad ^V
Tuna Salad Sandwich
Green Beans ^{LG}, Garden
Salad
Pineapple, Peaches
Juice

10
Chicken Nuggets W/ Dinner
Roll
Ham & Turkey Chef Salad
Turkey Wrap
Broccoli ^{LG}, Sweet Potato,
Apples, Mixed Fruit
Juice

11
National Bagel Day!
Bagel Breakfast Sandwich
Yogurt Parfait ^V
Turkey Sandwich
Green Beans ^{LG}, tater tots
Oranges, Applesauce

12
Pasta W/ Beef Sauce
Ham & Turkey Chef Salad
Turkey Wrap
Kale ^{LG}, Carrots
Apples, Bananas,

13
Cheeseburger
Yogurt Parfait ^V
Turkey Wrap
Beans Salad, Corn ^{LG}
Pears, Applesauce

14
Cheese Pizza ^V
Pepperoni Pizza
Ham & Turkey Chef Salad
Turkey Wrap
Carrot Salad ^{LG}, Garden
Salad
Oranges
Juice
**Harvest of the Month-
Carrot**

17
Macaroni & Cheese ^V
Fruit Salad ^V
Chicken Salad Sandwich
Mixed Veg ^{LG}, Butternut
Squash ^{LG}, Apples, Mixed
Fruit
Juice

18
Country Chicken Bowl W/
Dinner Roll
Tuna Salad
Chicken Salad Sandwich
Kale ^{LG}, Corn ^{LG}, Oranges,
Peaches

19
Loaded B. Potato
Fruit Salad ^V
Chicken Salad Sandwich
Green Beans ^{LG}, Red
Peppers, Bananas, Pears

20
Beef Soft Tacos
Tuna Salad
Chicken Salad Sandwich
Pinto Beans, Peas ^{LG}, Pears,
Applesauce

21
Cheese Pizza ^V
Pepperoni Pizza
Fruit Salad ^V
Chicken Salad Sandwich
Broccoli ^{LG}, Carrots
Oranges, Mixed Fruit
Juice

24 _____

25 _____

26 _____

27 _____

28 _____

Holiday Break

31 _____

Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Check out our new website farm to school!
www.lpsfarm2school.com

Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
Milk: Skim, 1% White

^{LG} Locally Grown

All students eat at no cost!

^V Vegetarian

Menus are subject to change