

December

Lowell Public Schools: Grab N Go Cart Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 Mini Stuffed Bagels Apples ^{LG} Pears	4 Egg and Cheese Flatbread Oranges Bananas Juice	5 Mini Waffles Apples ^{LG} Bananas Juice	6 Fruit Smoothie Apples ^{LG} Pears Juice	7 Cherry Frudel Apples ^{LG} Peaches	Offered Daily: Assorted Cereal Bagel & Cream Cheese Cereal Bar & Graham Crackers SBJ Sandwich Muffins Breakfast Round Oatmeal Bar Breakfast Sandwich Fresh Fruit Skim Milk 1% Milk All Grains are Whole Grain ALL Students Eat At NO COST! ^{LG} Locally Grown
10 Mini Stuffed Bagels Apples ^{LG} Oranges	11 Bacon, Egg & Cheese Bagel Apples ^{LG} Bananas Juice National Bagel Day!	12 Cinnamon French Toast Apples ^{LG} Oranges Juice	13 Fruit Smoothie Apples ^{LG} Bananas Juice	14 Mini Donut Holes Apples ^{LG} Peaches	
17 Mini Stuffed Bagels Apples ^{LG} Oranges	18 Overnight Oats Oranges Mixed Fruit Juice	19 Cinni Mini's Pears Bananas Juice	20 Bacon, Egg & Cheese Flatbread Apples ^{LG} Bananas Juice	21 Mini Waffles Apples ^{LG} Pears	
24	25	26	27	28	
Holiday Break					
31					



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Menus are subject to change without notice.



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