



February

Lowell Public Schools Breakfast In Classroom Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
5 Assorted Muffins Graham Crackers Oranges Pears Juice	6 Mini Waffles Mixed Fruit Bananas Juice	7 Assorted Cereal Yogurt Applesauce Oranges Juice	8 Cinni Minis Bananas Raisins Juice	9 Assorted Benefit Bars Oranges Apples <small>LG</small>	<p>ALL Students eat breakfast at No Cost!</p> <p>Breakfast includes: Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with access to school breakfast eat more fruit, drink more milk & eat a wider variety of foods.”</p>
12 Assorted Cereal Graham Crackers Apples <small>LG</small> Raisins Juice	13 Mini Stuffed Bagels Apples <small>LG</small> Bananas Juice	14 Mini Pancakes Apples Oranges Juice	15 Apple Frudel Applesauce Pears Juice	16 Mini French Toast Apples <small>LG</small> Bananas	
19 <p style="text-align: center;">B</p>	20 <p style="text-align: center;">R</p>	21 <p style="text-align: center;">E</p>	22 <p style="text-align: center;">A</p>	23 <p style="text-align: center;">K</p>	
26 Mini French Toast Apples Bananas Juice	27 Cinni Mini's Mixed Fruit Oranges Juice	28 Assorted Cereal Bars & Assorted Yogurt Bananas Pears Juice	1 Assorted Benefit Bars Applesauce Raisins Juice	2 Assorted Cereal Graham Crackers Apples <small>LG</small> Pears	

Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions!
 Also check out the farm to school website www.lpsfarm2school.com

LG **Locally Grown**

Menus are subject to change without notice.



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