



Elementary School Lunch Menu February 2018

<p>5</p> <p>Veggie & Cheese Quesadilla ^V Hummus & Veggie Plate ^V Turkey Sandwich Broccoli, Carrots Mixed Fruit, Apples</p>	<p>6</p> <p>Country Chicken Bowl W/ Dinner Roll Chicken Ranch Salad Turkey & Cheese Sandwich Celery, Carrots Oranges, Peaches</p>	<p>7</p> <p>Cheeseburger Hummus & Veggie Plate ^V Turkey & Cheese Sandwich Pinto Beans, Celery Pears, Bananas</p>	<p>8</p> <p>Beef & Bean Nachos Chicken Ranch Salad Turkey & Cheese Sandwich Zucchini, Carrots Pears, Applesauce</p>	<p>9</p> <p>Cheese Pizza ^V Pepperoni Pizza Hummus & Veggie Plate ^V Turkey & Cheese Sandwich Cucumbers, Green Beans ^{LG} Fruit Salad, Oranges, Juice</p>
<p>12</p> <p>Fish Sticks Fruit and Cheese Platter ^V Tuna Salad Sandwich Corn, Broccoli Rabe ^{LG} Apples ^{LG}, Mixed Fruit, Juice</p>	<p>13</p> <p>Pancakes W/ Sausage OR Eggs Popcorn Chicken Salad Tuna Salad Sandwich Peas ^{LG} Roasted Butternut Squash ^{LG} Oranges, Peaches **Harvest of The Month** Butternut Squash</p>	<p>14</p> <p>Veggie Macaroni & Cheese ^V Fruit and Cheese Platter ^V Tuna Salad Sandwich Sweet Potato Mixed Vegetable ^{LG} Banana, Pears</p>	<p>15</p> <p>BBQ Chicken Sandwich Popcorn Chicken Salad Tuna Salad Sandwich Pinto Beans, Kale ^{LG} Pears, Applesauce</p>	<p>16</p> <p>Cheese Pizza ^V Veggie Pizza ^V Fruit & Cheese Platter ^V Tuna Salad Sandwich Broccoli, Side Salad Peaches, Pineapple Juice</p>
<p>19</p> <p style="text-align: center;">B</p>	<p>20</p> <p style="text-align: center;">R</p>	<p>21</p> <p style="text-align: center;">E</p>	<p>22</p> <p style="text-align: center;">A</p>	<p>23</p> <p style="text-align: center;">K</p>
<p>26</p> <p>Macaroni & Cheese ^V Fruit and Cheese Platter ^V Chicken Salad Sandwich Butternut Squash ^{LG} Carrots Apples, Mixed Fruit Juice</p>	<p>27</p> <p>Country Chicken Bowl W/Dinner Roll Ranch Chicken Salad Chicken Salad Sandwich Mixed Vegetable ^{LG} Kale ^{LG} Peaches, Oranges</p>	<p>28</p> <p>Crispy Chicken Tenders W/Dinner Roll Fruit & Cheese Platter ^V Chicken Salad Sandwich Sweet Potatoes, Peas ^{LG} Bananas, Pears</p>	<p>1</p> <p>Soft Beef Taco's Ranch Chicken Salad Chicken Salad Sandwich Pinto Beans Green Beans ^{LG} Pears, Applesauce</p>	<p>2</p> <p>Cheese Pizza ^V Pepperoni Pizza Fruit and Cheese Platter ^V Chicken Salad Sandwich Corn, Broccoli Rabe ^{LG} Oranges, Fruit Salad Juice</p>
<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>

Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Check out our new website farm to school!
www.lpsfarm2school.com

Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
Milk: Skim, Chocolate, 1% White

All students eat at no cost!

Menus are subject to change

- ^{LG} Locally Grown
- ^V Vegetarian

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