



Elementary School Lunch Menu February 2019

				1 Cheese Pizza ^V Pepperoni Pizza Chicken Caesar Salad Ham & Cheese Sandwich Romaine Garden Salad, Carrots, Apples Juice
4 Cheese Quesadilla ^V Veggie Hummus Plate ^V Turkey Sandwich Broccoli ^{LG} , Mixed Veg Apples, Mixed Fruit Juice	5 Country Chicken Bowl W/ Dinner Roll Ranch Chicken Salad Turkey Sandwich Green Beans ^{LG} , Corn ^{LG} , Oranges, Peaches	6 Cheeseburger Veggie Hummus Plate ^V Turkey Sandwich Corn Butternut Squash Fries ^{LG} , Bananas, Pears Harvest of the Month- Butternut Squash	7 Beef & Bean Nachos Ranch Chicken Salad Turkey Sandwich Pinto Beans, Peas ^{LG} , Applesauce, Pears	8 Cheese Pizza ^V Pepperoni Pizza Veggie Hummus Plate ^V Turkey Sandwich Garden Salad, Tomatoes, Fruit Salad, Oranges Juice
11 Fish Sticks W/ Dinner Roll ^V Fruit Salad ^V Chicken Salad Sandwich ^V Bean Sald, Corn ^{LG} , Apples, Mixed Fruit, Juice	12 Pancakes W/Sausage OR Eggs Popcorn Chicken Salad Tuna Salad Sandwich Butternut Squash home fries ^{LG} , Oranges, Applesauce	13 Butternut Squash Macaroni & Cheese ^V Fruit Salad ^V Tuna Salad Sandwich Broccoli, Mixed Veg ^{LG} , Bananas, Pears Harvest of the Month- Butternut Squash	14 BBQ Chicken Sandwich Popcorn Chicken Salad Tuna Salad Sandwich ^V Mixed Veg, Kale ^{LG} , Pears, Applesauce	15 Cheese Pizza ^V Pepperoni Pizza Popcorn Chicken Salad Tuna Salad Sandwich Carrots, Garden Salad, Peaches, Pineapple, Juice
Winter Break				
25 Chicken Patty Sandwich Fruit Salad ^V Chicken Salad Sandwich Mixed Veg ^{LG} , Butternut Squash ^{LG} , Apples, Mixed Fruit, Juice	26 Country Chicken Bowl W/ Dinner Roll Chef salad and a Roll Chicken Salad Sandwich Kale ^{LG} , Corn ^{LG} , Oranges, Peaches	27 Loaded B. Potato Fruit Salad ^V Chicken Salad Sandwich Broccoli, Green Beans ^{LG} , Bananas, Pears	28 Soft Beef Tacos Chef Salad and a Roll Chicken Salad Sandwich Pinto Beans, Peas ^{LG} , Applesauce, Pears	

Check out www.lowell.schooldish.com for Menu's,
 Nutrition Education & Monthly Promotions
 Like us on Facebook- LPSD food and nutrition
 Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
 Milk: Skim, 1% White

^{LG} Locally Grown

All students eat at no cost!

^V Vegetarian

Menus are subject to change