



2018

February

Lowell Public Schools: Grab N Go Cart Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
5	Stuffed Mini Bagels Oranges Pears Juice	6	Mini Waffles Mixed Fruit Apples Juice	7	Cinni Mini's Oranges Applesauce Juice	8	Egg & Cheese Donut Melt Apples ^{LG} Raisins Juice	9	WG Donut Apples ^{LG} Oranges	Breakfast includes: Skim milk 1% Milk FF Chocolate Fresh Fruit 100% Fruit Juice Offered Daily: Assorted Cereal Bagel & Cream Cheese Cereal Bar & Graham Crackers SBJ Sandwich Muffins Breakfast Round Oatmeal Bar All Grains are Whole Grain ALL Students Eat At NO COST! ^{LG} Locally Grown
12	Stuffed Mini Bagels Apples Pears Juice	13	Bacon and Egg On a Bagel Apples Oranges Juice	14	Mini French Toast Apples ^{LG} Oranges Juice	15	Mini Pancakes Apples Pears Juice	16	WG Donut Apples ^{LG} Oranges	
19	B	20	R	21	E	22	A	23	K	
26	Stuffed Mini Bagels Oranges Pears Juice	27	Sausage, Egg, & Cheese Burrito Apples Mixed Fruit Juice	28	Cinni Mini's Apples ^{LG} Oranges Juice	1	Egg & Cheese Donut Melt Apples ^{LG} Pears Juice	2	WG Donut Apples Oranges	



Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!
www.lpsfarm2school.com

Menus are subject to change without notice.



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