



2018

# February

## Lowell Public Schools: Lowell High School Breakfast Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>5</b> Bacon Egg & Cheese Donut Melt  Pears Apples Juice	<b>6</b> Egg & Cheese on an English Muffin  Mixed Fruit Oranges Juice	<b>7</b> Sausage & Cheese on an English Muffin  Pears Applesauce Juice	<b>8</b> Bacon, Egg, & Cheese Flatbread  Bananas Apples <sup>LG</sup> Juice	<b>9</b> Ham, Egg, & Cheese Flatbread  Grapes Peaches	<p><b>Special News...</b>  <b>Breakfast includes:</b>            Skim milk            1% Milk            FF Chocolate</p> <p>Fresh Fruit            100% Fruit Juice</p> <p><b>Offered Daily:</b>            Assorted Cereal            Bagel &amp; Cream Cheese            Cereal Bar &amp; Yogurt            SBJ Sandwich            Muffins            Breakfast Round            Oatmeal Bar            Breakfast Sandwich</p> <p>All Grains are Whole Grain</p> <p><b>ALL Students Eat At NO COST!</b>  <sup>LG</sup>  <b>Locally Grown</b></p> <p>Menus are subject to change without notice.</p>				
<b>12</b> Yogurt Parfait  Graham Crackers  Apples <sup>LG</sup> Pears Juice	<b>13</b> Cinni Mini's  Oranges Mixed Fruit Juice	<b>14</b> Assorted Benefit Bars  Pears Apples <sup>LG</sup> Juice	<b>15</b> Hard Boiled Eggs  Graham Crackers  Bananas Raisins Juice	<b>16</b> WG Donut  Grapes Peaches					
<b>19</b>  <b>B</b>	<b>20</b>  <b>R</b>	<b>21</b>  <b>E</b>	<b>22</b>  <b>A</b>	<b>23</b>  <b>K</b>					
<b>26</b> Sausage, Egg, & Cheese on a Bagel  Apples Pears Juice	<b>27</b> Sausage & Cheese on an English Muffin  Mixed Fruit Oranges Juice	<b>28</b> Egg & Cheese On an English Muffin  Pears Apples <sup>LG</sup> Juice	<b>1</b> Sausage & Cheese on an English Muffin  Bananas Raisins Juice	<b>2</b> Bacon, Egg, & Cheese Flatbread  Grapes Peaches					

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