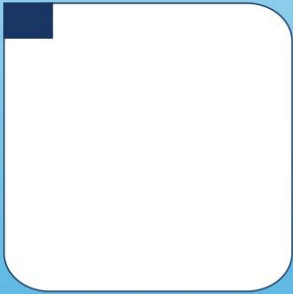
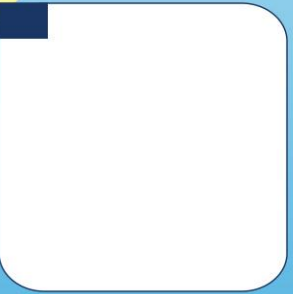
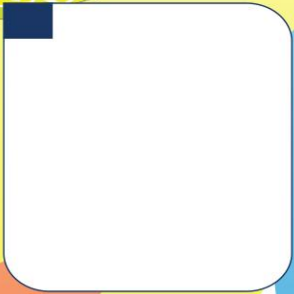




Stem Academy Lunch Menu February 2019



1
Cheese Pizza ^v
Romaine Garden Salad,
Carrots,
Apples
Juice

4
Cheese Quesadilla ^v
Veggie Hummus Plate ^v
Turkey Sandwich
Broccoli ^{LG}, Mixed Veg
Apples, Mixed Fruit
Juice

5
Country Chicken Bowl W/
Dinner Roll
Veggie Hummus Plate ^v
Turkey Sandwich
Green Beans ^{LG}, Corn ^{LG},
Oranges, Peaches

6
Cheeseburger
Veggie Hummus Plate ^v
Turkey Sandwich
Corn
Butternut Squash Fries ^{LG},
Bananas, Pears
**Harvest of the Month-
Butternut Squash**

7
Beef & Bean Nachos
Veggie Hummus Plate ^v
Turkey Sandwich
Pinto Beans, Peas ^{LG},
Applesauce, Pears

8
Cheese Pizza ^v
Garden Salad, Carrots,
Oranges
Juice

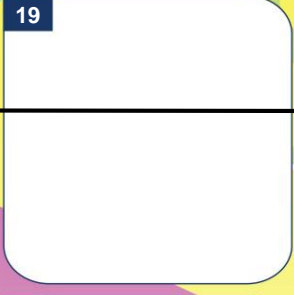
11
Chicken Nuggets with Roll
Popcorn Chicken Salad
Ham and cheese Sandwich
Potato, Green Beans ^{LG},
Apples, Mixed Fruit,
Juice

12
Pancakes W/Sausage OR
Eggs
Popcorn Chicken Salad
Ham and Cheese Sandwich
Butternut Squash home
fries ^{LG}, Oranges,
Applesauce

13
Butternut Squash Macaroni
& Cheese ^v
Popcorn Chicken Salad
Ham and cheese Sandwich
Broccoli, Mixed Veg ^{LG},
Bananas, Pears
**Harvest of the Month-
Butternut Squash**

14
BBQ Chicken Sandwich
Popcorn Chicken Salad
Ham and cheese sandwich
Corn, Kale ^{LG},
Pears, Applesauce

15
Cheese Pizza ^v
Carrots, Garden Salad,
Peaches, Pineapple,
Juice



20



Winter Break

25
Chicken Patty Sandwich
Chef salad and Roll
Chicken Salad Sandwich
Mixed Veg ^{LG}, Butternut
Squash ^{LG}, Apples, Mixed
Fruit,
Juice

26
Country Chicken Bowl W/
Dinner Roll
Chef salad and a Roll
Chicken Salad Sandwich
Kale ^{LG}, Corn ^{LG}, Oranges,
Peaches

27
Loaded B. Potato
Chef Salad and a Roll
Chicken Salad Sandwich
Broccoli, Green Beans ^{LG},
Bananas, Pears

28
Soft Beef Tacos
Chef Salad and a Roll
Chicken Salad Sandwich
Pinto Beans, Peas ^{LG},
Applesauce, Pears



Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Like us on Facebook- LPSD food and nutrition
Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
Milk: Skim, 1% White

^{LG} Locally Grown

All students eat at no cost!

^v Vegetarian

Menus are subject to change