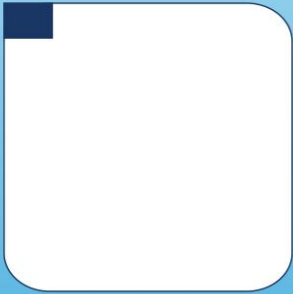
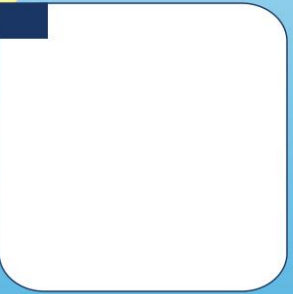
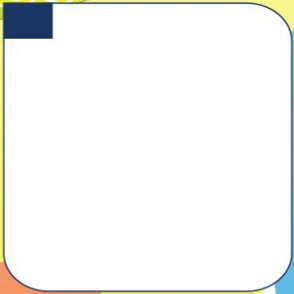




# Satellite Lunch Menu February 2019



**1**  
Cheese Pizza <sup>v</sup>  
Romaine Garden Salad,  
Carrots,  
Apples  
Juice

**4**  
Cheese Quesadilla <sup>v</sup>  
Veggie Hummus Plate <sup>v</sup>  
Turkey Sandwich  
Broccoli <sup>LG</sup>, Mixed Veg  
Apples, Mixed Fruit  
Juice

**5**  
Country Chicken Bowl W/  
Dinner Roll  
Veggie Hummus Plate <sup>v</sup>  
Turkey Sandwich  
Green Beans <sup>LG</sup>, Corn <sup>LG</sup>,  
Oranges, Peaches

**6**  
Cheeseburger  
Veggie Hummus Plate <sup>v</sup>  
Turkey Sandwich  
Corn  
Butternut Squash Fries <sup>LG</sup>,  
Bananas, Pears  
**Harvest of the Month-  
Butternut Squash**

**7**  
Beef & Bean Nachos  
Veggie Hummus Plate <sup>v</sup>  
Turkey Sandwich  
Pinto Beans, Peas <sup>LG</sup>,  
Applesauce, Pears

**8**  
Cheese Pizza <sup>v</sup>  
Garden Salad, Carrots,  
Oranges  
Juice

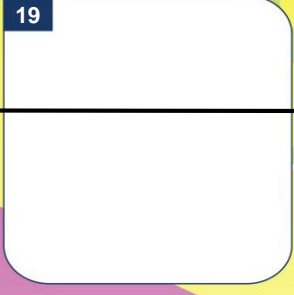
**11**  
Chicken Nuggets with Roll  
Popcorn Chicken Salad  
Ham and cheese Sandwich  
Potato, Green Beans <sup>LG</sup>,  
Apples, Mixed Fruit,  
Juice

**12**  
Pancakes W/Sausage OR  
Eggs  
Popcorn Chicken Salad  
Ham and Cheese Sandwich  
Butternut Squash home  
fries <sup>LG</sup>, Oranges,  
Applesauce

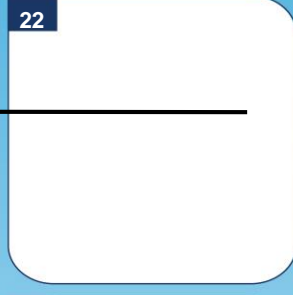
**13**  
Butternut Squash Macaroni  
& Cheese <sup>v</sup>  
Popcorn Chicken Salad  
Ham and cheese Sandwich  
Broccoli, Mixed Veg <sup>LG</sup>,  
Bananas, Pears  
**Harvest of the Month-  
Butternut Squash**

**14**  
BBQ Chicken Sandwich  
Popcorn Chicken Salad  
Ham and cheese sandwich  
Corn, Kale <sup>LG</sup>,  
Pears, Applesauce

**15**  
Cheese Pizza <sup>v</sup>  
Carrots, Garden Salad,  
Peaches, Pineapple,  
Juice



**20**  
**Winter Break**



**25**  
Chicken Patty Sandwich  
Chef salad and Roll  
Chicken Salad Sandwich  
Mixed Veg <sup>LG</sup>, Butternut  
Squash <sup>LG</sup>, Apples, Mixed  
Fruit,  
Juice

**26**  
Country Chicken Bowl W/  
Dinner Roll  
Chef salad and a Roll  
Chicken Salad Sandwich  
Kale <sup>LG</sup>, Corn <sup>LG</sup>, Oranges,  
Peaches

**27**  
Loaded B. Potato  
Chef Salad and a Roll  
Chicken Salad Sandwich  
Broccoli, Green Beans <sup>LG</sup>,  
Bananas, Pears

**28**  
Soft Beef Tacos  
Chef Salad and a Roll  
Chicken Salad Sandwich  
Pinto Beans, Peas <sup>LG</sup>,  
Applesauce, Pears



Check out [www.lowell.schooldish.com](http://www.lowell.schooldish.com) for Menu's,  
Nutrition Education & Monthly Promotions  
Like us on Facebook- LPSD food and nutrition  
Look out for our  
**Harvest of the Month** sampling!



**\*Sun Butter & Jelly Offered Daily\***

Fresh Fruit offered daily  
Milk: Skim, 1% White

<sup>LG</sup> Locally Grown

All students eat at no cost!

<sup>v</sup> Vegetarian

\*Menus are subject to change\*