



2018

February

Lowell Public Schools: Middle School Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
5	Stuffed Mini Bagels Oranges Pears Juice	6	Mini Waffles Mixed Fruit Apples Juice	7	Cinni Mini's Oranges Applesauce Juice	8	Egg & Cheese Donut Melt Apples ^{LG} Raisins Juice	9	WG Donut Apples ^{LG} Oranges
12	Stuffed Mini Bagels Apples Pears Juice	13	Bacon and Egg On a Bagel Apples Oranges Juice	14	Mini French Toast Apples ^{LG} Oranges Juice	15	Mini Pancakes Apples Pears Juice	16	WG Donut Apples ^{LG} Oranges
19	B	20	R	21	E	22	A	23	K
26	Stuffed Mini Bagels Oranges Pears Juice	27	Sausage, Egg, & Cheese Burrito Apples Mixed Fruit Juice	28	Cinni Mini's Apples ^{LG} Oranges Juice	1	Egg & Cheese Donut Melt Apples ^{LG} Pears Juice	2	WG Donut Apples Oranges

Breakfast includes:

Skim milk
1% Milk
FF Chocolate

Fresh Fruit
100% Fruit Juice

Offered Daily:
Assorted Cereal
Bagel & Cream Cheese
Cereal Bar & Graham Crackers
SBJ Sandwich
Muffins
Breakfast Round
Oatmeal Bar

All Grains are Whole Grain

ALL Students Eat At NO COST!

^{LG}
Locally Grown



Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!
www.lpsfarm2school.com

Menus are subject to change without notice.



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