

School Food and Nutrition Promotion and Services

Goal	Action Steps	Lead Person(s)	By When?	Resources	Wellness Policy Area
Wellness Policy implementation goal	How will you satisfy this Goal?	Who will take responsibility to ensure steps are accomplished?	By what date will you accomplish each step?	What resources are available to complete this action step?	Which District Wellness Policy area does this meet? (Check Box or Bold Policy Area)
<p>1) The LPS Food and Nutrition Department supports lifelong healthy habits for all students and staff. We are committed to addressing the increasing rates of diet-related health consequences of our students. LPS shall promote a healthy lifestyle and appropriate nutritional practices for all our students</p>	<p>a. The food and nutrition department will annually complete a menu analysis using the School Meals and Competitive Food section of the Healthy Schools Program Inventory</p>	<p>a. Food Service Department</p>	<p>a. Monthly updates</p>	<p>a. On site RD, Aramark Nutrition Services, Nutrikids Software, Prima Software</p>	<p><input type="checkbox"/> School Food and Nutrition Promotion</p> <p><input type="checkbox"/> Comprehensive Physical Activity and Education</p> <p><input type="checkbox"/> Comprehensive Health Education</p> <p><input type="checkbox"/> Healthy School Environments</p> <p><input type="checkbox"/> Safe and Supportive Schools</p> <p><input type="checkbox"/> Health Services</p> <p><input type="checkbox"/> Staff Wellness</p> <p><input type="checkbox"/> Other:</p>
	<p>b. The Food and Nutrition Department will monitor schools compliance with the competitive foods policy. School principals and the Deputy Superintendent will be notified if a school is out of compliance</p>	<p>b. Food Service Department</p>	<p>b. Monthly during quality assurance assessment process</p>	<p>b. District policy</p>	
	<p>c. School administration, families and students will be provided information to engage and support compliance of the competitive foods policy: nutrition education and water availability</p>	<p>c. Food Service Department, Deputy Assistant Superintendent</p>	<p>c. Ongoing</p>	<p>c. Parent Council Meeting, Back to school packages, MJR and School Committee</p>	

2) Expand access to families in need outside the NSLP and SBP programs	a. Provide resources for supplemental nutrition in the community (food pantries, meals, farmers markets, SNAP and WIC in family resource center)	a. Food Services and Community Partners	c. Ongoing	c. Parent Council Meeting, Websites	<input type="checkbox"/> Cultural Proficiency <input type="checkbox"/> School Food and Nutrition Promotion <input type="checkbox"/> Comprehensive Physical Activity and Education <input type="checkbox"/> Comprehensive Health Education <input type="checkbox"/> Healthy School Environments <input type="checkbox"/> Safe and Supportive Schools <input type="checkbox"/> Health Services <input type="checkbox"/> Staff Wellness <input type="checkbox"/> Other:
	b. Sponsor School Based Pantry with GBFB to provide over 40 pounds of food per family monthly	b. LPS, ARAMARK and GBFB	b. Monthly	b. Flyers, website, Facebook, Social workers, Parent council meeting, Newsletters	
3) Food and Nutrition Education	a. Provide over 40 hours of nutrition education with cooking demonstrations over 3000 students in cafeterias, classrooms, and at a community resource fair	a. Food Service Department	a. June 2017	a. Newsletters, Social Media, websites	<input type="checkbox"/> Cultural Proficiency <input type="checkbox"/> School Food and Nutrition Promotion <input type="checkbox"/> Comprehensive Physical Activity and Education <input type="checkbox"/> Comprehensive Health Education <input type="checkbox"/> Healthy School Environments <input type="checkbox"/> Safe and Supportive Schools <input type="checkbox"/> Health Services <input type="checkbox"/> Staff Wellness <input type="checkbox"/> Other:
	b. Provide Harvest of the Month to every school	b. Food Service Department	b. June 2017	b. Menu, newsletters, social media, website	
4) Food Safety	a. Unannounced 3rd party food safety audits (Ecosure) to assess all school annually.	a. ARAMARK	a. Annually	a. MJR's, Year in Reviews, School Committee Meetings	<input type="checkbox"/> Cultural Proficiency <input type="checkbox"/> School Food and Nutrition Promotion <input type="checkbox"/> Comprehensive Physical

	b. Quality Assurance Assessments	b. ARAMARK	b. Monthly	b. MJR, School Committee Meetings	<ul style="list-style-type: none"> Activity and Education <input type="checkbox"/> Comprehensive Health Education <input type="checkbox"/> Healthy School Environments <input type="checkbox"/> Safe and Supportive Schools <input type="checkbox"/> Health Services <input type="checkbox"/> Staff Wellness <input type="checkbox"/> Other:
	c. Follow the Food Audits: satellites	c. Food and Nutrition	c. Monthly	c. MJR, School Committee Meetings	<ul style="list-style-type: none"> <input type="checkbox"/> Cultural Proficiency <input type="checkbox"/> School Food and Nutrition Promotion <input type="checkbox"/> Comprehensive Physical Activity and Education <input type="checkbox"/> Comprehensive Health Education <input type="checkbox"/> Healthy School Environments <input type="checkbox"/> Safe and Supportive Schools <input type="checkbox"/> Health Services <input type="checkbox"/> Staff Wellness <input type="checkbox"/> Other:
5) Nutrition Education and Promotion	a. Access to nutrition information and happenings	a. Food and Nutrition	a. Ongoing	a. Websites	<ul style="list-style-type: none"> <input type="checkbox"/> Cultural Proficiency <input type="checkbox"/> School Food and Nutrition Promotion <input type="checkbox"/> Comprehensive Physical Activity and Education <input type="checkbox"/> Comprehensive Health Education <input type="checkbox"/> Healthy School Environments <input type="checkbox"/> Safe and Supportive Schools <input type="checkbox"/> Health Services <input type="checkbox"/> Staff Wellness <input type="checkbox"/> Other:
	b. Access to Local Grown information: farms and farmers	b. Food and Nutrition,	b. Monthly	b. Menus, websites, MJR, school Committee	<ul style="list-style-type: none"> <input type="checkbox"/> Cultural Proficiency <input type="checkbox"/> School Food and Nutrition Promotion <input type="checkbox"/> Comprehensive Physical Activity and Education <input type="checkbox"/> Comprehensive Health Education <input type="checkbox"/> Healthy School Environments <input type="checkbox"/> Safe and Supportive Schools <input type="checkbox"/> Health Services <input type="checkbox"/> Staff Wellness <input type="checkbox"/> Other: