



Elementary School Lunch Menu January 2018

<p>1</p> <p>New Year's Day</p> <p>No School</p>	<p>2</p> <p>Country Chicken Bowl W/ Dinner Roll Chicken Ranch Salad Turkey & Cheese Sandwich Celery, Carrots Oranges, Peaches</p>	<p>3</p> <p>Cheeseburger Hummus & Veggie Plate ^V Turkey & Cheese Sandwich Pinto Beans, Celery Pears, Bananas</p>	<p>4</p> <p>Beef & Bean Nachos Chicken Ranch Salad Turkey & Cheese Sandwich Zucchini, Carrots Pears, Applesauce</p>	<p>5</p> <p>Cheese Pizza ^V Pepperoni Pizza Hummus & Veggie Plate ^V Turkey & Cheese Sandwich Green beans ^{LG}, Side Salad Fruit Salad, Oranges, Juice</p>
<p>8</p> <p>Pancakes W/ Sausage OR Eggs Fruit and Cheese Platter ^V Tuna Salad Sandwich Corn ^{LG}, Broccoli ^{LG} Apples, Mixed Fruit, Juice</p>	<p>9</p> <p>Fish Sticks W/Dinner Roll Popcorn Chicken Salad Tuna Salad Sandwich Peas ^{LG}, Butternut Squash ^{LG} Oranges, Peaches</p>	<p>10</p> <p>Macaroni & Cheese ^V Fruit and Cheese Platter ^V Tuna Salad Sandwich Ham, Spinach, Apple Wrap Sweet Potato Mixed Vegetable ^{LG} Banana, Pears *Harvest of the Month* Apples</p>	<p>11</p> <p>BBQ Chicken Sandwich Popcorn Chicken Salad Tuna Salad Sandwich Pinto Beans, Kale ^{LG} Pears, Applesauce</p>	<p>12</p> <p>Cheese Pizza ^V Pepperoni Pizza Fruit & Cheese Platter ^V Tuna Salad Sandwich Peas ^{LG} Side Salad Peaches, Pineapple Juice</p>
<p>15</p> <p>Martin Luther King Jr. Day</p> <p>No School</p>	<p>16</p> <p>Pasta with Meat Sauce Chicken Caesar Salad Turkey Wrap Green Beans ^{LG} Butternut Squash ^{LG} Oranges, Peaches</p>	<p>17</p> <p>Baked Potato Bar Ham & Turkey Chef Salad Turkey Wrap Carrots, Kale ^{LG} Bananas, Pears</p>	<p>18</p> <p>Cheeseburger Chicken Caesar Salad Turkey Wrap Pinto Beans Mixed Vegetable ^{LG} Pears, Applesauce</p>	<p>19</p> <p>Cheese Pizza ^V Pepperoni Pizza Ham & Turkey Chef Salad Turkey Wrap Peas ^{LG} Broccoli ^{LG} Oranges, Peaches Juice</p>
<p>22</p> <p>Macaroni & Cheese ^V Fruit and Cheese Platter ^V Chicken Salad Sandwich Butternut Squash ^{LG} Carrots Apples, Mixed Fruit Juice</p>	<p>23</p> <p>Country Chicken Bowl W/Dinner Roll Ranch Chicken Salad Chicken Salad Sandwich Mixed Vegetable ^{LG}, Kale ^{LG} Peaches</p>	<p>24</p> <p>Crispy Chicken Tenders W/Dinner Roll Fruit & Cheese Platter ^V Chicken Salad Sandwich Sweet Potatoes, Peas ^{LG} Bananas, Pears</p>	<p>25</p> <p>Soft Beef Taco's Ranch Chicken Salad Chicken Salad Sandwich Pinto Beans Green Beans ^{LG} Pears, Applesauce</p>	<p>26</p> <p>Cheese Pizza ^V Pepperoni Pizza Fruit and Cheese Platter ^V Chicken Salad Sandwich Corn, Broccoli ^{LG} Oranges, Fruit Salad Juice</p>
<p>29</p> <p>French Toast W/ Sausage OR Eggs Chicken Caesar Salad Ham & Cheese Sandwich Corn ^{LG}, Broccoli ^{LG} Apples, Mixed Fruit Juice</p>	<p>30</p> <p>Chicken Patty Sandwich Turkey & Cheese Salad Ham & Cheese Sandwich Green Beans ^{LG} Butternut Squash ^{LG} Oranges, Peaches</p>	<p>31</p> <p>Orange Popcorn Chicken W/ Broccoli Chicken Caesar Salad Ham & Cheese Sandwich Corn, Peas ^{LG} Bananas, Pears</p>	<p>1</p> <p>Penne Alfredo W/ Chicken Turkey & Cheese Salad Ham & Cheese Sandwich Beans, Broccoli ^{LG} Pears, Applesauce</p>	<p>2</p> <p>Cheese Pizza ^V Pepperoni Pizza Chicken Caesar Salad Ham & Cheese Sandwich Carrots, Kale ^{LG} Oranges, Peaches Juice</p>

Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Check out our new website farm to school!
www.lpsfarm2school.com

Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
Milk: Skim, Chocolate, 1% White

All students eat at no cost!

Menus are subject to change

- ^{LG} Locally Grown
- ^V Vegetarian

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