



January

Lowell Public Schools: Grab N Go Cart Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 No School New Years' Day	2 Cinni Mini's Applesauce Oranges Juice	3 Chocolate Crescent Oranges Bananas Juice	4 Mini Waffles Apples ^{LG} Bananas	<p>Offered Daily: Assorted Cereal Bagel & Cream Cheese Cereal Bar & Graham Crackers SBJ Sandwich Muffins Breakfast Round Oatmeal Bar Breakfast Sandwich Fresh Fruit Skim Milk 1% Milk</p> <p>All Grains are Whole Grain</p> <p>ALL Students Eat At NO COST!</p> <p>^{LG} Locally Grown</p>
7 Mini Stuffed Bagels Apples ^{LG} Pears	8 Bacon, Egg & Cheese Bagel Apples ^{LG} Bananas Juice	9 Mini Waffles Apples ^{LG} Oranges Juice	10 Fruit Smoothie Pears Raisins Juice	11 Cherry Frudel Apples ^{LG} Peaches	
14 Mini Stuffed Bagels Apples ^{LG} Oranges	15 Egg & Cheese Flatbread Apples ^{LG} Bananas Juice	16 Cinnamon French Toast Apples ^{LG} Oranges Juice	17 Apple Banana Smoothie Bananas Raisins Juice	18 Mini Donut Holes Bananas Peaches	
21 No School M.L.K. Day	22 Cinni Mini's Oranges Mixed Fruit Juice	23 Apple Pie Overnight Oats Bananas Juice Harvest of the Month- Apple	24 Bacon, Egg & Cheese Flatbread Apples ^{LG} Bananas Juice	25 Mini Waffles Apples ^{LG} Pears	
28 Mini Stuffed Bagels Bananas Oranges	29 Cheesy Ham bagel Oranges Mixed Fruit Juice	30 Mini Pancakes Applesauce Bananas Juice	31 Egg, Ham & Cheese Sandwich Oranges Raisins Juice		



Check out [www.lowell.schooldish.com](http://www.lowell schooldish.com) for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!
www.lpsfarm2school.com

Menus are subject to change without notice.



USDA is an equal opportunity Provider and employer.