

Lowell Pu	blic Schools: Middle School
	Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Assorted Cereal Graham Crackers Apples Bananas Juice	Assorted Benefit Bar Apples Bananas Juice	Chocolate Chip Oatmeal Bar Graham Crackers Apples Bananas Juice	Egg & Cheese Breakfast Burrito Apples Bananas Juice	WG Donut Apples Bananas	Breakfast includes: Skim milk 1% Milk FF Chocolate
12 Assorted Cereal Bar & Go Big Yogurt	Bagel with Cream Cheese	Assorted Muffins Graham Crackers	Assorted Cereal Graham Crackers Apples	WG Donut Apples	Fresh Fruit 100% Fruit Juice
Apples Bananas Juice	Apples Bananas Juice	Apples Bananas Juice	Bananas Juice	Bananas 23	Offered Daily: Assorted WG Cereal
Assorted Muffins Graham Crackers	Stuffed Mini Bagel	Egg & Cheese on Bagel	Mini Pancakes Apples	WG Donut	WG Bagel & Cream Cheese
Apples Bananas Juice	Apples Bananas Juice	Apples Bananas Juice	Bananas Juice	Apples Bananas	All Grains are Whole Grain
Summer Break!					ALL Students Eat At NO COST!
					Locally Grown



 $\begin{array}{c} \textbf{Check out } \underline{\textbf{www.lowell.schooldish.com}} \ \textbf{for Menu's, Nutrition} \\ \textbf{Education \& Monthly Promotions.} \end{array}$

Also check out our Farm to School Website! www.lpsfarm2school.com

Menus are subject to change without notice.



USDA is an equal opportunity Provider and employer.