



# June

## Lowell Public Schools Satellite Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>4</b> Muffins with Cheese Stick  Oranges Bananas Juice	<b>5</b> Assorted Benefit Bars  Apples Pears Juice	<b>6</b> Assorted Cereal Bars Graham Cracker  Bananas Apples Juice	<b>7</b> Oatmeal Chocolate Chip Bar Graham Crackers  Apples Oranges Juice	<b>8</b> Nutri-grain Bar Cheese Stick  Apples <small>LG</small> Bananas	<p><b>ALL</b> Students eat breakfast at <b>No Cost!</b></p> <p><b>Breakfast includes:</b> Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with <b>access to school breakfast</b> eat more <b>fruit</b>, drink more <b>milk</b> &amp; eat a wider <b>variety</b> of foods.”</p> <p><small>LG</small> <b>Locally Grown</b></p>
<b>11</b> Mini French Toast  Apples Bananas Juice	<b>12</b> Cinni Mini's  Mixed Fruit Oranges Juice	<b>13</b> Assorted Cereal Bars & Assorted Yogurt  Bananas Pears Juice	<b>14</b> Assorted Benefit Bars  Apples <small>LG</small> Raisins Juice	<b>15</b> Assorted Cereal Graham Crackers  Apples <small>LG</small> Pears	
<b>18</b> Benefit Bar  Pears Apples Juice	<b>19</b> Bagel W/ Cream Cheese  Oranges Mixed Fruit Juice	<b>20</b> Mini Waffles  Applesauce Bananas Juice	<b>21</b> Nutri-grain Bar Cheese Stick  Raisins Apples <small>LG</small> Juice	<b>22</b> Oatmeal Chocolate Chip Bar Graham Crackers  Pears Apples <small>LG</small>	
<b>25</b> Assorted Muffins Graham Crackers  Oranges Pears Juice	<b>26</b> Assorted Cereal Bars Graham Crackers Mixed Fruit Bananas Juice	<b>27</b> <b>Summer Break</b>		<b>28</b>	
<b>29</b>					

Check out [www.lowell.schooldish.com](http://www.lowell.schooldish.com) for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website [www.lpsfarm2school.com](http://www.lpsfarm2school.com)

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Menus are subject to change without notice.



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