



Elementary School Lunch Menu March 2018

5

French Toast W/ Sausage
OR Eggs
Chicken Caesar Salad
Ham Sandwich
Corn, Broccoli
Apples
Mixed Fruit
Juice

6

Chicken Patty Sandwich
Turkey & Cheese Salad
Ham Sandwich
Green Beans
Butternut Squash
Oranges, Peaches

7

Orange Popcorn Chicken
W/ Broccoli
Chicken Caesar Salad
Ham Sandwich
Corn, Peas
Pears, Bananas

8

Penne Alfredo W/ Chicken
Turkey & Cheeses Salad
Ham Sandwich
Black Beans
Broccoli
Applesauce
Pears

9

Cheese Pizza
Pepperoni Pizza
Chicken Caesar Salad
Ham Sandwich
Butternut Squash ^{LG} Kale ^{LG}
Tangerines
Peaches, Juice

12

Veggie & Cheese
Quesadilla ^V
Hummus & Veggie Plate ^V
Turkey Sandwich
Broccoli Rabe ^{LG} Carrots
Mixed Fruit, Apples

13

Country Chicken Bowl
W/ Dinner Roll
Chicken Ranch Salad
Turkey & Cheese Sandwich
Celery, Mixed Vegetables ^{LG}
Oranges, Peaches

14

Cheeseburger
Hummus & Veggie Plate ^V
Turkey & Cheese Sandwich
Pinto Beans, Peas ^{LG}
Pears, Bananas

15

Beef & Bean Nachos
Chicken Ranch Salad
Turkey & Cheese Sandwich
Zucchini, Corn ^{LG}
Pears, Applesauce

16

Three Cheese Pizza ^V
Pepperoni Pizza
Hummus & Veggie Plate ^V
Turkey & Cheese Sandwich
Cucumbers, Green Beans ^{LG}
Fruit Salad, Oranges, Juice

***Harvest of The Month:
Dairy**

19

Pancakes W/ Sausage
OR Eggs
Popcorn Chicken Salad
Tuna Salad Sandwich
Peas ^{LG}
Butternut Squash ^{LG}
Oranges, Peaches

20

Fish Sticks
Yogurt Parfaits ^V
Tuna Salad Sandwich
Corn ^{LG} Broccoli Rabe ^{LG}
Apples ^{LG}, Mixed Fruit, Juice

***Harvest of The Month:
Dairy***

21

Veggie Macaroni & Cheese ^V
Fruit and Cheese Platter ^V
Tuna Salad Sandwich
Sweet Potato
Mixed Vegetable ^{LG}
Banana, Pears

22

BBQ Chicken Sandwich
Popcorn Chicken Salad
Tuna Salad Sandwich
Pinto Beans, Kale ^{LG}
Pears, Applesauce

23

Cheese Pizza ^V
Veggie Pizza ^V
Fruit & Cheese Platter ^V
Tuna Salad Sandwich
Broccoli, Side Salad
Peaches, Pineapple
Juice

26

Chicken Nuggets
W/ Dinner Roll
Turkey & Ham Chef Salad
Turkey Wrap
Mashed Potatoes
Broccoli Rabe ^{LG}
Apples, Mixed Fruit
Juice

27

Pasta Primavera ^V
Chicken Caesar Salad
Turkey Wrap
Butternut Squash ^{LG}
Green Beans ^{LG}
Oranges
Peaches

28

Baked Potato Bar
Turkey & Ham Chef Salad
Turkey Wrap
Carrots, Kale ^{LG}
Bananas, Pears

29

Hamburger
Chicken Caesar Salad
Turkey Wrap
Pinto Beans
Mixed Vegetables ^{LG}
Pears, Applesauce

30

No School
Good Friday

Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Check out our new website farm to school!
www.lpsfarm2school.com

Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
Milk: Skim, Chocolate, 1% White

All students eat at no cost!

Menus are subject to change

^V Locally Grown

^V Vegetarian