



High School Satellite Lunch Menu March 2018

5
Chicken Patty Sandwich
Caesar Salad
Turkey & Cheese Salad
Ham Sandwich
Green Beans, Carrots
Apples, Oranges, Juice

6
French Toast W/ Eggs ^V
OR Sausage
Turkey & Cheese Salad
Ham Sandwich
Kale, Corn
Apples, Pears

7
Orange Popcorn Chicken W/
Broccoli
Turkey & Cheese Salad
Ham Sandwich
Butternut Squash ^{LG},
Broccoli Rabe ^{LG}
Oranges, Bananas

8
Pasta Primavera W/ Chicken
Turkey & Cheese Salad
Ham Sandwich
Black Beans, Peas
Apples, Pears

9
Cheese Pizza ^V
Side Salad, Carrots
Apples, Oranges, Juice

12
Goopy Grilled Cheese ^V
Chicken Ranch Salad
Turkey & Cheese Sandwich
Broccoli, Carrots
Apples, Oranges

13
Popcorn Chicken
Chicken Ranch Salad
Turkey & Cheese Sandwich
Butternut Squash ^{LG}
Green beans ^{LG}
Oranges, Apples

14
Chicken Parm Melt
Chicken Ranch Salad
Turkey & Cheese Sandwich
Broccoli Rabe ^{LG} Tator tots
Bananas, Pears

15
Sloppy Joes
Chicken Ranch Salad
Turkey & Cheese Sandwich
Green Beans ^{LG} Corn ^{LG}
Apples, Pears

16
Three Cheese Pizza ^V
Side Salad, Carrots
Apples, Oranges, Juice

***Harvest of The Month:
Dairy**

19
Cheeseburger
Fruit Salad ^V
Chicken Salad Sandwich
Mixed Vegetables ^{LG}
Broccoli Rabe ^{LG}
Apples, Raisins
Juice

20
Chicken Nuggets
W/Dinner Roll
Fruit Salad ^V
Chicken Salad Sandwich
Peas ^{LG}
Butternut Squash ^{LG}
Oranges, Apples

21
Fiesta Flatbread
Fruit Salad ^V
Chicken Salad Sandwich
Corn ^{LG} Green Beans ^{LG}
Banana, Apples

Fuel Up Promotion

22
BBQ Chicken Sandwich
Fruit salad ^V
Chicken Salad Sandwich
Pinto Beans, Kale ^{LG}
Pears, Applesauce

23
Cheese Pizza ^V
Side Salad, Carrots
Banana, Apples, Juice

26
Orange Chicken W/
Broccoli
Chicken Caesar Salad
Turkey Wrap
Broccoli Rabe ^{LG}
Butternut Squash ^{LG}
Apples, Mixed Fruit, Juice

27
Country Chicken Bowl
W/ Dinner Roll
Chicken Caesar Salad
Turkey Wrap
Broccoli,
Mixed Vegetables ^{LG}
Bananas, Pears

28
Pasta W/ Meat Sauce
Chicken Caesar Salad
Turkey Wrap
Green Beans, Kale ^{LG}
Oranges, Bananas

29
Hamburger
Chicken Caesar Salad
Turkey Wrap
Pinto Beans, Corn ^{LG}
Apples, Pears

30

No School

Good Friday

Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Check out our new website farm to school!
www.lpsfarm2school.com

Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
Milk: Skim, Chocolate, 1% White
All Breads/Wraps are Whole Grain
All students eat at no cost!

Menus are subject to change

^{LG} Locally Grown

^V Vegetarian