



Lowell High School Lunch Menu March 2018

5

Mozzarella Sticks
Chicken Tacos
Ham & Cheese Calzone
Sausage Pizza
Corn, Broccoli, Side Salad
Grapes, Mixed Fruit, Juice

6

Cajun Meatball Stew
Chipotle Lime
Chicken Burrito
BBQ Chicken Stromboli
Pico De Gallo Pizza
Green beans,
Pepper Strips, Side Salad
Bananas, Peaches

7

Orange Popcorn Chicken
W/ Broccoli
Bean Quesadilla ^V
White Cheese Tomato
& Herb Pizza ^V
Mexican Pizza
Butternut Squash ^{LG}
Zucchini, Side Salad
Apples, Pears

8

Pasta W/ Chicken
Beef Nachos
Pepperoni Stromboli
Cheeseburger Pizza
Black Beans, Celery,
Side Salad
Oranges, Applesauce

9

Vegetable Stew ^V
Chicken Fajita
Beef Calzone
BBQ Chicken Pizza
Kale ^{LG} Coleslaw, Side Salad
Apricots, Fruit Salad, Juice

12

Cheese Quesadilla ^V
Buffalo Chicken
Mac N Cheese
Chicken & Spinach Calzone
White Pizza ^V
Brussel Sprouts, Peas ^{LG}
Grapes, Mixed Fruit, Juice

13

Country Chicken Bowl
Chicken Fajita
Beef & Pepperoni Calzone
BBQ Chicken Pizza
Celery, Carrots
Bananas, Peaches

14

Orange Popcorn Chicken
W/ Broccoli
Chicken Drumstick W/ Roll
Meatball Calzone
Spicy Chicken Sausage Pizza
Zucchini, Green Beans ^{LG}
Apples, Pears

15

Chicken Nachos
Roast Turkey W/ Stuffing
& Gravy
Buffalo Chicken Flatbread
Pizza
Roasted Vegetable Pizza ^V
Pinto Beans, Corn ^{LG}
Applesauce, Oranges

16

Pasta Bar
Soft Fish Tacos
White Tomato & Herb Pizza ^V
Three Cheese Pizza ^V
Broccoli Rabe ^{LG} Cucumbers
Fruit Salad, Apricots, Juice
****Harvest of The Month:
Dairy**

19

Pasta Primavera ^V
Chicken Drumstick W/
Roll
Meatball Calzone
Chicken Parm. Pizza
Tater Tots, Kale ^{LG}
Grapes, Mixed Fruit, Juice

20

Fish Sticks
Mac N Cheese ^V
Buffalo Chicken Flatbread
Pizza
Meatball Pizza
Mixed Vegetables ^{LG}
Red Peppers
Bananas, Peaches

21

Chicken & Veggie Quesadilla ^V
General Tso's Chicken W/
Vegetables
White Tomato & Herb Pizza ^V
Buffalo Chicken Pizza
Zucchini, Butternut Squash ^{LG}
Apples, Pears

22

Chicken Nachos
Fiesta Flatbread
Chicken & Spinach Calzone
Hawaiian Pizza
Baked Beans
Green Beans ^{LG}
Applesauce, Oranges
Fuel Up Promotion

23

Sweet & Sour Popcorn Chicken
W/ Broccoli
Country Chicken Bowl
Chipotle BBQ Chicken Pizza
Veggie Pizza ^V
Cucumber Tomato Salad,
Broccoli Rabe ^{LG}
Fruit Salad, Apricots, Juice

26

Chicken Drumstick W/ Roll
Chicken Fajita
Cheeseburger Pizza
Pepperoni Pizza
Broccoli, Peas ^{LG}
Grapes, Mixed Fruit, Juice

27

Pasta W/ Meat Sauce
Chicken & Bean Burrito
Chicken Parm. Pizza
Pepperoni Pizza
Butternut Squash ^{LG}
Zucchini
Apples, Pears

28

Baked Potato Bar
Bean Quesadilla ^V
Buffalo Chicken Pizza
Pepperoni Pizza
Carrots, Green Beans ^{LG}
Apples, Pears

29

Beef Nachos
Sausage & Red Bean Bowl
White Cheese Pizza ^V
Pepperoni Pizza
Baked Beans, Celery
Oranges, Applesauce

30

No School
Good Friday

Be sure to check out specials at our Grab & Go, Deli, Chopped, and Grill Stations!

Fresh Fruit & 100% Fruit Juice
Milk: Skim, FF Chocolate, 1% White
All Breads/Wraps are Whole Grain

Daily Grill Offerings: Hamburger, Cheeseburger, Hot Dog,
Chicken Patty, Cheese & Pepperoni Pizza

Look for our vegetarian selections daily at our Deli, Chopped &
Grab & Go stations!



All students eat at no cost!

Check out www.lowell.schooldish.com for Menu's, Nutrition
Education & Monthly Promotions!

^{LG} Locally Grown

Also check out the farm to school website
www.lpsfarm2school.com

^{LG} Vegetarian

Look out for our
Harvest of the Month sampling!



Prepay & review your students account: www.myschoolbucks.com