



2018

# March

## Lowell Public Schools: Middle School Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
<b>5</b>	Stuffed Mini Bagels  Oranges Pears Juice	<b>6</b>	Apple Frudel  Apples Mixed Fruit Juice	<b>7</b>	Mini French Toast  Applesauce Oranges Juice	<b>8</b>	Mini Pancakes  Raisins Apples <small>LG</small> Juice	<b>9</b>	WG Donut  Oranges Peaches Apples <small>LG</small>	<b>Breakfast includes:</b>  Skim milk 1% Milk FF Chocolate  Fresh Fruit 100% Fruit Juice  <b>Offered Daily:</b> Assorted Cereal Bagel & Cream Cheese Cereal Bar & Graham Crackers SBJ Sandwich Muffins Breakfast Round Oatmeal Bar  All Grains are Whole Grain  <b>ALL Students Eat At NO COST!</b>  <small>LG</small> <b>Locally Grown</b>
<b>12</b>	Stuffed Mini Bagels  Oranges Pears Juice	<b>13</b>	Mini Waffles  Mixed Fruit Apples Juice	<b>14</b>	Cinni Mini's  Oranges Applesauce Juice	<b>15</b>	Chocolate Filled Croissants  Apples Raisins Juice	<b>16</b>	WG Donut  Apples Oranges	
<b>19</b>	Stuffed Mini Bagels  Apples Pears Juice	<b>20</b>	Bacon and Egg On a Bagel  Apples Oranges Juice	<b>21</b>	Mini Waffles  Apples <small>LG</small> Oranges Juice	<b>22</b>	Cherry Frudel  Apples <small>LG</small> Pears Juice	<b>23</b>	Grape Filled Croissants  Apples Oranges	
<b>26</b>	Stuffed Mini Bagels  Apples Pears Juice	<b>27</b>	Strawberry Nutri-grain Bars Graham Crackers  Apples Mixed Fruit Juice	<b>28</b>	Mini Waffles  Applesauce Oranges Juice	<b>29</b>	Assorted Benefit Bars  Raisins Apples Juice	<b>30</b>	No School  Good Friday	



Check out [www.lowell.schooldish.com](http://www.lowell.schooldish.com) for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!  
[www.lpsfarm2school.com](http://www.lpsfarm2school.com)

Menus are subject to change without notice.



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