



March

Lowell Public Schools Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
5 Apple Frudel Oranges Bananas Juice	6 Bagel W/ Cream Cheese Mixed Fruit Oranges Juice	7 Mini Pancakes Applesauce Bananas Juice	8 UBR Bars Oranges Raisins Juice	9 Donut Holes Oranges Apples ^{LG}	<p>ALL Students eat breakfast at No Cost!</p> <p>Breakfast includes: Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with access to school breakfast eat more fruit, drink more milk & eat a wider variety of foods.”</p>
12 Assorted Muffins Graham Crackers Apples ^{LG} Pears Juice	13 Mini Waffles Mixed Fruit Bananas Juice	14 Assorted Cereal Yogurt Applesauce Oranges Juice *Harvest of The Month: Dairy*	15 Cinni Minis Bananas Raisins Juice	16 Assorted Benefit Bars Oranges Apples	
19 Assorted Cereal Bars String Cheese Oranges Raisins Juice *Harvest of The Month: Dairy*	20 Mini Stuffed Bagels Apples Bananas Juice	21 Strawberry Nutri-grain Bars Graham Crackers Apples Oranges Juice	22 Cherry Frudel Applesauce Pears Juice	23 Chocolate Filled Croissants Apples ^{LG} Bananas	
26 Assorted Benefit Bars Apples ^{LG} Pears Juice	27 Chocolate Chip Oatmeal Bars Graham Crackers Mixed Fruit Bananas Juice	28 Mini Waffles Applesauce Oranges Juice	29 Assorted Muffins Graham Crackers Bananas Raisins Juice	30 No School Good Friday	

Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website www.lpsfarm2school.com



Locally Grown

Menus are subject to change without notice.



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