



K-8 Satellite Lunch Menu March 2018

5
 Chicken Patty Sandwich
 Caesar Salad
 Turkey & Cheese Salad
 Ham Sandwich
 Green Beans, Carrots
 Apples, Oranges, Juice

6
 French Toast W/ Eggs ^V
 OR Sausage
 Turkey & Cheese Salad
 Ham Sandwich
 Kale, Corn
 Apples, Pears

7
 Orange Popcorn Chicken W/
 Broccoli
 Turkey & Cheese Salad
 Ham Sandwich
 Butternut Squash ^{LG},
 Broccoli Rabe ^{LG}
 Oranges, Bananas

8
 Pasta Primavera W/ Chicken
 Turkey & Cheese Salad
 Ham Sandwich
 Black Beans, Peas
 Apples, Pears

9
 Cheese Pizza ^V
 Side Salad, Carrots
 Apples, Oranges, Juice

12
 Goopy Grilled Cheese ^V
 Chicken Ranch Salad
 Turkey & Cheese Sandwich
 Broccoli, Carrots
 Apples, Oranges

13
 Popcorn Chicken
 Chicken Ranch Salad
 Turkey & Cheese Sandwich
 Butternut Squash ^{LG}
 Green beans ^{LG}
 Oranges, Apples

14
 Chicken Parm Melt
 Chicken Ranch Salad
 Turkey & Cheese Sandwich
 Broccoli Rabe ^{LG} Tator tots
 Bananas, Pears

15
 Sloppy Joes
 Chicken Ranch Salad
 Turkey & Cheese Sandwich
 Green Beans ^{LG} Corn ^{LG}
 Apples, Pears

16
Three Cheese Pizza ^V
 Side Salad, Carrots
 Apples, Oranges, Juice

***Harvest of The Month:
 Dairy**

19
 Cheeseburger
 Fruit Salad ^V
 Chicken Salad Sandwich
 Mixed Vegetables ^{LG}
 Broccoli Rabe ^{LG}
 Apples, Raisins
 Juice

20
 Chicken Nuggets
 W/Dinner Roll
 Fruit Salad ^V
 Chicken Salad Sandwich
 Peas ^{LG}
 Butternut Squash ^{LG}
 Oranges, Apples

21
Fiesta Flatbread
 Fruit Salad ^V
 Chicken Salad Sandwich
 Corn ^{LG} Green Beans ^{LG}
 Banana, Apples

Fuel Up Promotion

22
 BBQ Chicken Sandwich
 Fruit salad ^V
 Chicken Salad Sandwich
 Pinto Beans, Kale ^{LG}
 Pears, Applesauce

23
 Cheese Pizza ^V
 Side Salad, Carrots
 Banana, Apples, Juice

26
 Orange Chicken W/
 Broccoli
 Chicken Caesar Salad
 Turkey Wrap
 Broccoli Rabe ^{LG}
 Butternut Squash ^{LG}
 Apples, Mixed Fruit, Juice

27
 Country Chicken Bowl
 W/ Dinner Roll
 Chicken Caesar Salad
 Turkey Wrap
 Broccoli,
 Mixed Vegetables ^{LG}
 Bananas, Pears

28
 Pasta W/ Meat Sauce
 Chicken Caesar Salad
 Turkey Wrap
 Green Beans, Kale ^{LG}
 Oranges, Bananas

29
 Hamburger
 Chicken Caesar Salad
 Turkey Wrap
 Pinto Beans, Corn ^{LG}
 Apples, Pears

30

 No School

 Good Friday

Check out www.lowell.schooldish.com for Menu's,
 Nutrition Education & Monthly Promotions
 Check out our new website farm to school!
www.lpsfarm2school.com

Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
 Milk: Skim, Chocolate, 1% White
All Breads/Wraps are Whole Grain
All students eat at no cost!

Menus are subject to change

^{LG} Locally Grown

^V Vegetarian