



# March

## Lowell Public Schools Satellite Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>5</b> Apple Frudel  Pears Apples Juice	<b>6</b> Bagel W/ Cream Cheese  Oranges Mixed Fruit Juice	<b>7</b> Assorted Benefit Bars  Applesauce Bananas Juice	<b>8</b> UBR Bars  Raisins Apples <sup>LG</sup> Juice	<b>9</b> Oatmeal Chocolate Chip Bar Graham Crackers  Peaches Apples <sup>LG</sup>	<p><b>ALL</b> Students eat breakfast at <b>No Cost!</b></p> <p><b>Breakfast</b> <b>includes:</b> Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with <b>access to</b> <b>school</b> <b>breakfast</b> eat more <b>fruit</b>, drink more <b>milk</b> &amp; eat a wider <b>variety</b> of foods.”</p>
<b>12</b> Assorted Muffins Graham Crackers  Oranges Pears Juice	<b>13</b> Assorted Cereal Bars Graham Crackers  Mixed Fruit Bananas Juice	<b>14</b> Assorted Cereal <b>Yogurt</b>  Applesauce Oranges Juice <b>*Harvest of The Month: Dairy*</b>	<b>15</b> Cinni Minis  Bananas Raisins Juice	<b>16</b> Assorted Benefit Bars  Oranges Apples	
<b>19</b> Assorted Cereal Bars <b>String Cheese</b>  Bananas Raisins Juice <b>*Harvest of The Month: Dairy*</b>	<b>20</b> Stuffed Mini Bagels  Apples Bananas Juice	<b>21</b> Strawberry Nutri-grain Bars Graham Crackers  Apples <sup>LG</sup> Oranges Juice	<b>22</b> Chocolate Filled Croissants  Apples <sup>LG</sup> Pears Juice	<b>23</b> UBR Bars  Applesauce Bananas	
<b>26</b> Cherry Frudel  Oranges Bananas Juice	<b>27</b> Assorted Benefit Bars  Apples Pears Juice	<b>28</b> Assorted Cereal Bars Graham Cracker  Bananas Apples Juice	<b>29</b> Oatmeal Chocolate Chip Bar Graham Crackers  Apples Oranges Juice	<b>30</b> No School Good Friday	

Check out [www.lowell.schooldish.com](http://www.lowell.schooldish.com) for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website [www.lpsfarm2school.com](http://www.lpsfarm2school.com)



**Locally Grown**

Menus are subject to change without notice.



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