



May

Lowell Public Schools Breakfast in The Classroom Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|--|--|---|--|--|
| 7 Mini French Toast Apples Bananas | 8 Cinni Mini's Mixed Fruit Oranges Juice | 9 Assorted Cereal Bars & String Cheese Bananas Pears Juice | 10 Assorted Benefit Bars Applesauce Raisins Juice | 11 Assorted Cereal Graham Crackers Apples <small>LG</small> Pears | <p>ALL Students eat breakfast at No Cost!</p> <p>Breakfast includes: Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with access to school breakfast eat more fruit, drink more milk & eat a wider variety of foods.”</p> <p><small>LG</small> Locally Grown</p> |
| 14 Apple Frudel Oranges Bananas | 15 Bagel W/ Cream Cheese Mixed Fruit Oranges Juice | 16 Mini Pancakes Applesauce Bananas Juice | 17 U B R B a | 18 Donut Holes Oranges Apples <small>LG</small> | |
| 21 Assorted Muffins Graham Crackers Apples Pears | 22 Mini Waffles Mixed Fruit Bananas Juice | 23 Assorted Cereal Yogurt Applesauce Oranges Juice | 24 Cini Minis Bananas Raisins Juice | 25 Assorted Benefit Bars Oranges Apples | |
| 28 Memorial Day No School | 29 Mini Stuffed Bagels Apples Bananas Juice | 30 Strawberry Nutri-grain Bars Graham Crackers Apples Oranges Juice | 31 Cherry Frudel Applesauce Pears Juice | 1 Chocolate Filled Croissants Apples <small>LG</small> Bananas | |

Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website www.lpsfarm2school.com

Like our LPSD- Food & Nutrition Facebook page!

@lpsdfoodnutrition

Menus are subject to change without notice.



USDA is an equal opportunity provider and employer.