



Elementary School Lunch Menu May 2018

7
Macaroni & Cheese ^{LG}
Fruit, Yogurt Cheese Platter ^{LG}
Chicken Salad Sandwich
Butternut Squash ^{LG} Peas
Apples, Mixed Fruit
Juice

8
Country Chicken Bowl
W/Dinner Roll
Ranch Chicken Salad
Chicken Salad Sandwich
Mixed Vegetable ^{LG} Kale ^{LG}
Peaches, Oranges

9
Crispy Chicken Nuggets
W/Dinner Roll
Fruit & Cheese, & Yogurt
Platter ^{LG}
Chicken Salad Sandwich
Sweet Potatoes, Peas ^{LG}
Bananas, Pears

10
Soft Beef Taco's
Ranch Chicken Salad
Chicken Salad Sandwich
Pinto Beans, Broccoli Rabe ^{LG}
Pears, Applesauce

11
Cheese Pizza ^V
Pepperoni Pizza
Fruit & Cheese, & Yogurt
Platter
Chicken Salad Sandwich
Corn, Carrots ^{LG}
Oranges, Fruit Salad
Juice

14
Orange Popcorn Chicken
W/ Broccoli & Rice
Chicken Caesar Salad
Tuna Salad Sandwich
Corn, Broccoli
Apples
Mixed Fruit
Juice

15
French Toast W/ Sausage
OR Eggs
Turkey & Cheese Salad
Tuna Salad Sandwich
Green Beans
Butternut Squash
Oranges, Peaches

16
Chicken Patty Sandwich
Chicken Caesar Salad
Tuna Salad Sandwich
Peas
Black Beans
Pears, Bananas

17
Chicken Alfredo with Penne
Turkey & Cheese Salad
Tuna Salad Sandwich
Mixed Vegetables
Kale
Applesauce
Pears

18
Cheese Pizza
Pepperoni Pizza
Chicken Caesar Salad
Tuna Sandwich
Carrots
Side Salad
Oranges
Peaches, Juice

21
Veggie & Cheese
Quesadilla ^V
Hummus & Veggie Plate ^V
Turkey Sandwich
Broccoli Rabe ^{LG}, Carrots
Mixed Fruit, Apples, Juice

22
Country Chicken Bowl
W/ Dinner Roll
Chicken Ranch Salad
Turkey & Cheese Sandwich
Kale ^{LG}
Mixed Vegetables ^{LG}
Oranges, Peaches

23
Cheeseburger
Hummus & Veggie Plate ^V
Turkey & Cheese Sandwich
Pinto Beans, Peas ^{LG}
Pears, Bananas

24
Beef & Bean Nachos
Chicken Ranch Salad
Turkey & Cheese
Sandwich
Green Beans, Corn ^{LG}
Pears, Applesauce

25
Three Cheese Pizza ^V
Pepperoni Pizza
Hummus & Veggie Plate ^V
Turkey & Cheese Sandwich
Cucumbers, Carrots
Fruit Salad, Oranges, Juice

28
Memorial Day
No School

29
Pancakes W/ Sausage
OR Eggs
Hummus, Tabbouleh
Vegetable Plate ^V
Ham Sandwich
Corn ^{LG} Broccoli Rabe ^{LG}
Apples ^{LG}, Mixed Fruit, Juice

30
Veggie Macaroni & Cheese ^V
Popcorn chicken Salad ^V
Ham Sandwich
Sweet Potato
Mixed Vegetable ^{LG}
Banana, Pears

31
Fish Tacos
Hummus, Tabbouleh
Vegetable Plate ^V
Ham Sandwich
Pinto Beans, Kale ^{LG}
Pears, Applesauce
Harvest of The Month:
Seafood

1
Cheese Pizza ^V
Veggie Pizza ^V
Popcorn Chicken Salad ^{LG}
Ham Sandwich
Carrots, Side Salad
Peaches, Pineapple
Juice

Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Check out our new website farm to school!
www.lpsfarm2school.com
Like our LPSD- Food & Nutrition Facebook page!
@lpsdfoodnutrition

Sun Butter & Jelly Offered Daily
Fresh Fruit offered daily
Milk: Skim, Chocolate, 1% White
^{LG} Locally Grown
All students eat at no cost!
Menus are subject to change ^V Vegetarian

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