



High School Satellite Lunch Menu May 2018

7
Crispy Chicken Tenders
W/Dinner Roll
Greek Chicken Salad

Chicken Salad Sandwich
Butternut Squash **LG**
Side Salad
Bananas, Pears
Juice

8
Ham and Cheese Flatbread
Fruit and Cheese Platter **V**
Greek Chicken Salad
Tater Tots
Mixed Vegetables **LG**
Apples
Banana

9
Country Chicken Bowl
Greek Chicken Salad
Chicken Salad Sandwich
Kale **LG**, Peas **LG**
Oranges, Banana

10
Soft Beef Taco's
Greek Chicken Salad
Chicken Salad Sandwich
Pinto Beans, Corn
Pears, Apples **LG**

11
Cheese Pizza **V**
Side Salad, Carrot sticks
Orange, Apple
Juice

14
Chicken Patty Sandwich
Turkey & Cheese Salad
Ham Sandwich
Green Beans, Carrots
Apples, Oranges, Juice

15
French Toast W/ Eggs **V** OR
Sausage
Turkey & Cheese Salad
Ham Sandwich
Kale, Corn
Apples, Pears

16
Hamburger
Turkey & Cheese Salad
Ham Sandwich
Butternut Squash **LG**
Broccoli Rabe **LG**
Oranges, Bananas

17
Pasta Primavera W/ Chicken
Turkey & Cheese Salad
Ham Sandwich
Black Beans, Peas
Apples, Pears

18
Cheese Pizza **V**
Side Salad, Carrots
Apples, Oranges, Juice

21
Goopy Grilled Cheese **V**
Chicken Ranch Salad
Turkey & Cheese Sandwich
Broccoli, Carrots
Apples, Oranges

22
Popcorn Chicken
Chicken Ranch Salad
Turkey & Cheese Sandwich
Butternut Squash **LG**
Green beans **LG**
Oranges, Apples

23
Chicken Parm Melt
Chicken Ranch Salad
Turkey & Cheese Sandwich
Broccoli Rabe **LG** Tator tots
Bananas, Pears

24
Sloppy Joes
Chicken Ranch Salad
Turkey & Cheese Sandwich
Green Beans **LG** Corn **LG**
Apples, Pears

25
Three Cheese Pizza **V**
Side Salad, Carrots
Apples, Oranges, Juice

28

Memorial Day

No School

29
Cheeseburger
Chicken Caesar Salad
Ham, Turkey Sandwich
Peas **LG** Carrots
LG Oranges, Apples

30
Shepard's Pie
Chicken Caesar Salad
Ham, Turkey Sandwich
Kale, Mixed Vegetables
Green Beans **LG**

Banana, Apples

31
BBQ Chicken Sandwich
Chicken Caesar Salad
Ham, Turkey Sandwich
Pinto Beans, Kale **LG**
Pears, Applesauce

1
Cheese Pizza **V**
Side Salad, Carrots
Banana, Apples, Juice

Check out www.lowell.schooldish.com for Menu's,
Nutrition Education & Monthly Promotions
Check out our new website farm to school!
www.lpsfarm2school.com

Look out for our
Harvest of the Month sampling!



Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
Milk: Skim, Chocolate, 1% White
All Breads/Wraps are Whole Grain
All students eat at no cost!

Menus are subject to change

LG Locally Grown

V Vegetarian