



May

Lowell Public Schools Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7 Mini French Toast Apples Bananas	8 Cinni Mini's Mixed Fruit Oranges Juice	9 Assorted Cereal Bars & String Cheese Bananas Pears Juice	10 Assorted Benefit Bars Applesauce Raisins Juice	11 Assorted Cereal Graham Crackers Apples <small>LG</small> Pears	<p>ALL Students eat breakfast at No Cost!</p> <p>Breakfast includes: Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with access to school breakfast eat more fruit, drink more milk & eat a wider variety of foods.”</p> <p><small>LG</small> Locally Grown</p>
14 Apple Frudel Oranges Bananas	15 Bagel W/ Cream Cheese Mixed Fruit Oranges Juice	16 Mini Pancakes Applesauce Bananas Juice	17 UBR Bars Oranges Raisins Juice	18 Donut Holes Oranges Apples <small>LG</small>	
21 Assorted Muffins Graham Crackers Apples Pears	22 Mini Waffles Mixed Fruit Bananas Juice	23 Assorted Cereal Yogurt Applesauce Oranges Juice	24 Cini Minis Bananas Raisins Juice	25 Assorted Benefit Bars Oranges Apples	
28 Memorial Day No School	29 Mini Stuffed Bagels Apples Bananas Juice	30 Strawberry Nutri-grain Bars Graham Crackers Apples Oranges Juice	31 Cherry Frudel Applesauce Pears Juice	1 Chocolate Filled Croissants Apples <small>LG</small> Bananas	

Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website www.lpsfarm2school.com

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Menus are subject to change without notice.



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