



2018

# May

## Lowell Public Schools: Middle School Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>7</b>	Stuffed Mini Bagels  Oranges Pears Juice	<b>8</b>	Sausage, Egg, & Cheese Burrito  Apples Mixed Fruit Juice	<b>9</b>	Cinni Mini's  Apples <small>LG</small> Oranges Juice	<b>10</b>	Egg & Cheese Muffin  Apples <small>LG</small> Pears Juice	<b>11</b>	WG Donut  Apples Oranges
<b>14</b>	Stuffed Mini Bagels  Oranges Pears Juice	<b>15</b>	Overnight Oats  Apples Mixed Fruit Juice	<b>16</b>	Mini French Toast  Applesauce Oranges Juice	<b>17</b>	Mini Pancakes  Raisins Apples <small>LG</small> Juice	<b>18</b>	WG Donut  Oranges Peaches Apples <small>LG</small>
<b>21</b>	Stuffed Mini Bagels  Oranges Pears Juice	<b>22</b>	Mini Waffles  Mixed Fruit Apples Juice	<b>23</b>	Cinni Mini's  Oranges Applesauce Juice	<b>24</b>	Chocolate Filled Croissants  Apples Raisins Juice	<b>25</b>	WG Donut  Apples Oranges
<b>28</b>	<b>Memorial Day</b>  <b>No School</b>	<b>29</b>	Overnight Oats  Apples Oranges Juice	<b>30</b>	Mini Waffles  Apples <small>LG</small> Oranges Juice	<b>31</b>	Cherry Frudel  Apples <small>LG</small> Pears Juice	<b>1</b>	Chocolate Filled Croissant  Apples Oranges

**Breakfast includes:**  
  
Skim milk  
1% Milk  
FF Chocolate

Fresh Fruit  
100% Fruit Juice

**Offered Daily:**  
Assorted Cereal  
Bagel & Cream Cheese  
Cereal Bar & Graham Crackers  
SBJ Sandwich  
Muffins  
Breakfast Round  
Oatmeal Bar  
String Cheese

All Grains are Whole Grain

**ALL Students Eat At NO COST!**



Locally Grown



Check out [www.lowell.schooldish.com](http://www.lowell.schooldish.com) for Menu's, Nutrition Education & Monthly Promotions.  
Also check out our Farm to School Website!  
[www.lpsfarm2school.com](http://www.lpsfarm2school.com)  
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Menus are subject to change without notice.



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