



# Elementary School Lunch Menu May 2019

		<b>1</b> Crispy Chicken Nuggets W/ Dinner Roll Chef Salad with Roll Turkey and Cheese Wrap Carrots, Kale <sup>LG</sup> , Bananas, Pears	<b>2</b> Cheeseburger Yogurt Parfait <sup>V</sup> Turkey and Cheese Wrap Pinto Beans, Corn <sup>LG</sup> , Pears, Applesauce	<b>3</b> Cheese Pizza <sup>V</sup> Pepperoni Pizza Chef Salad with Roll Turkey and cheese Wrap Garden Salad, Peas <sup>LG</sup> , Oranges, Peaches, Juice
<b>6</b> Macaroni & Cheese <sup>V</sup> Fruit Salad and Cheese Plate <sup>V</sup> Chicken Salad Sandwich Mixed Veg <sup>LG</sup> , Butternut Squash <sup>LG</sup> , Apples, Oranges	<b>7</b> Country Chicken Bowl W/ Dinner Roll Tuna on a Garden Salad Chicken Salad Sandwich Kale <sup>LG</sup> , Corn <sup>LG</sup> , Apples, Oranges	<b>8</b> Loaded B. Potato Fruit Salad & Cheese Plate <sup>V</sup> Chicken Salad Sandwich Green Beans, Broccoli Bananas, Pears	<b>9</b> Soft Beef Tacos Tuna Salad on a Garden Salad Chicken Salad Sandwich Pinto Beans, Peas <sup>LG</sup> , Apples, Pears	<b>10</b> Cheese Pizza <sup>V</sup> Pepperoni Pizza Fruit Salad & Cheese Plate <sup>V</sup> Chicken Caesar Salad Garden Salad <sup>LG</sup> , Carrots, Oranges, Apples, Juice
<b>13</b> Chicken W/ Broccoli Over Rice Taco salad with Chips Ham & Cheese Sandwich Broccoli <sup>LG</sup> , Corn <sup>LG</sup> , Apples, Oranges Juice	<b>14</b> French Toast Sticks W/ Sausage OR Eggs Turkey & Cheese Salad Ham & Cheese Sandwich Mixed Veg, <sup>LG</sup> Butternut Squash <sup>LG</sup> , Oranges, Peaches	<b>15</b> Chicken Patty Sandwich Taco Salad with Chips Ham & Cheese Sandwich Chickpeas, Green Beans <sup>LG</sup> , Bananas, Pears	<b>16</b> Shepard's Pie Turkey & Cheese Salad Ham & Cheese Sandwich peas, corn Apples, Banana	<b>17</b> Cheese Pizza <sup>V</sup> Pepperoni Pizza Taco Salad with Chips Ham & Cheese Sandwich Garden Salad, Carrots, Oranges, Peaches Juice
<b>20</b> Cheese & Chicken Quesadillas <sup>V</sup> Veggie Hummus Plate <sup>V</sup> Turkey & Cheese Sandwich Broccoli <sup>LG</sup> , Carrots, Apples, Oranges, Juice	<b>21</b> Sloppy Joes Ranch Chicken Salad Turkey & Cheese Sandwich Green Beans <sup>LG</sup> , Corn <sup>LG</sup> , Oranges, Peaches	<b>22</b> Country Chicken Bowl W/ Dinner Roll Veggie Hummus Plate <sup>V</sup> Turkey & Cheese Sandwich Butternut Squash <sup>LG</sup> , Mixed Veg <sup>LG</sup> , Bananas, Pears	<b>23</b> Beef & Bean Nachos Ranch Chicken Salad Turkey Sandwich Pinto Beans, Peas <sup>LG</sup> , Pears, Applesauce,	<b>24</b> Cheese Pizza <sup>V</sup> Veggie Hummus Plate <sup>V</sup> Turkey & Cheese Sandwich Carrots, Garden Salad, Oranges, Fruit Salad, Juice
<b>27</b> <b>No School          Memorial Day</b>	<b>28</b> Pancakes W/ Sausage OR Eggs and Yogurt Chicken Fajita Salad Tuna Salad Sandwich Beans, Butternut Squash <sup>LG</sup> , Oranges, Applesauce	<b>29</b> Pasta with Meat Sauce Fruit Salad & Cheese Platter <sup>V</sup> Tuna Salad Sandwich Peas, Mixed Veg <sup>LG</sup> , Bananas, Pears	<b>30</b> BBQ Chicken Sandwich Tuna Salad Sandwich Chicken fajita Salad Broccoli, Corn <sup>LG</sup> Pears, banana	<b>31</b> Cheese Pizza <sup>V</sup> Chicken Fajita salad Tuna Salad Sandwich carrots <sup>LG</sup> , Garden Salad, Apple, Peaches, Juice

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 Nutrition Education & Monthly Promotions  
 Check out our new website farm to school!

**\*Sun Butter & Jelly Offered Daily\***

Fresh Fruit offered daily

Milk: Skim, 1% White

**All students eat at no cost!**

<sup>LG</sup> Locally Grown

**\*Menus are subject to change\***

<sup>V</sup> Vegetarian

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