



2017

# August/September

## Lowell Public Schools Elementary School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>Welcome back!</b>	<b>29</b> Chocolate Chip Oatmeal Bar Graham Crackers Apples Bananas Juice	<b>30</b> Bagel W/ Cream Cheese Apples Bananas Juice	<b>31</b> Assorted Muffins Graham Crackers Apples Bananas Juice	<b>1</b> <b>No School</b>	<p><b>ALL Students eat breakfast at No Cost!</b></p> <p><b>Breakfast includes:</b> Skim milk 1% Milk FF Chocolate</p> <p>Fresh Fruit 100% Fruit Juice</p> <p>All Grains are Whole Grain</p> <p>“Children with access to school breakfast eat more fruit, drink more milk &amp; eat a wider variety of foods.”</p>
<b>4</b> <b>No School Labor Day</b>	<b>5</b> Cinni Mini's Apples <small>LG</small> Bananas Juice	<b>6</b> Assorted Cereal Bars Assorted Yogurt Apples Bananas Juice	<b>7</b> Assorted Benefit Bars Apples Bananas Juice	<b>8</b> Assorted Cereal Graham Crackers Apples <small>LG</small> Bananas	
<b>11</b> Apple Frudel Apples Bananas Juice	<b>12</b> Bagel W/ Cream Cheese Apples <small>LG</small> Bananas Juice	<b>13</b> Mini Pancakes Apples Bananas Juice	<b>14</b> Assorted Ultimate Breakfast Rounds Apples Bananas Juice	<b>15</b> Chocolate Chip Oatmeal Bar Graham Crackers Apples <small>LG</small> Bananas	
<b>18</b> Assorted Muffins Graham Crackers Apples Bananas Juice	<b>19</b> Mini Waffles Apples <small>LG</small> Bananas Juice	<b>20</b> Assorted Cereal Bars Assorted Yogurt Apples Bananas Juice	<b>21</b> Cinni Mini's Apples Bananas Juice	<b>22</b> Assorted Benefit Bars Apples <small>LG</small> Bananas	
<b>25</b> Assorted Cereal Graham Crackers Apples Bananas Juice	<b>26</b> Mini Stuffed Bagels Apples <small>LG</small> Bananas Juice	<b>27</b> Mini Pancakes Apples Bananas Juice	<b>28</b> Apple Frudel Apples Bananas Juice	<b>29</b> Mini French Toast Apples <small>LG</small> Bananas	

Check out [www.lowell.schooldish.com](http://www.lowell.schooldish.com) for Menu's, Nutrition Education & Monthly Promotions!

Also check out the farm to school website [www.lpsfarm2school.com](http://www.lpsfarm2school.com)



**Locally Grown**

Menus are subject to change without notice.



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