

August/September

Lowell Public Schools: Grab N Go Cart Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Welcome Back!	29 Assorted Benefit Bars Apples Bananas Juice	30 Assorted Cereal Graham Crackers Apples Bananas Juice	31 Apple Frudel Apples Bananas Juice	1 No School	Breakfast includes: Skim milk 1% Milk FF Chocolate Fresh Fruit 100% Fruit Juice Offered Daily: Assorted Cereal Bagel & Cream Cheese Cereal Bar & Graham Crackers SBJ Sandwich Muffins Breakfast Round Oatmeal Bar Breakfast Sandwich All Grains are Whole Grain ALL Students Eat At NO COST!  Locally Grown
4 No School Labor Day	5 Stuffed Mini Bagel Apples Bananas Juice	6 Assorted Muffins Apples Bananas Juice	7 Assorted Cereal Graham Crackers Apples Bananas Juice	8 Mini Pancakes Apples Bananas	
11 Assorted Muffins Apples Bananas Juice	12 Stuffed Mini Bagel Apples Bananas Juice	13 Sausage, Egg & Cheese on a Bagel Apples Bananas Juice	14 Mini French Toast Apples Bananas Juice	15 Assorted Benefit Bars Apples Bananas	
18 Ham, Egg & Cheese on a Bagel Apples Bananas Juice	19 Stuffed Mini Bagel Apples Bananas Juice	20 Apple Frudel Apples Bananas Juice	21 Assorted Ultimate Breakfast Rounds Apples Bananas Juice	22 Mini Waffles Apples Bananas	
25 Assorted Cereal Graham Crackers Apples Bananas Juice	26 Assorted Muffins Apples Bananas Juice	27 Mini French Toast Apples Bananas Juice	28 Ham, Egg & Cheese on a Bagel Apples Bananas Juice	29 WG Donuts Apples Bananas	



Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!
www.lpsfarm2school.com

Menus are subject to change without notice.



USDA is an equal opportunity Provider and employer.