



2017

August/September

Lowell Public Schools: Lowell High School

Breakfast Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Welcome Back!		29 Assorted Muffins Apples Bananas Juice	30 Assorted Cereal Bars & Yogurt Apples Bananas Juice	31 Assorted Benefit Bars Apples Bananas Juice	1 No School		Special News... Breakfast includes: Skim milk 1% Milk FF Chocolate Fresh Fruit 100% Fruit Juice Offered Daily: Assorted Cereal Bagel & Cream Cheese Cereal Bar & Yogurt SBJ Sandwich Muffins Breakfast Round Oatmeal Bar Breakfast Sandwich All Grains are Whole Grain ALL Students Eat At NO COST!  Locally Grown <small>Menus are subject to change without notice.</small>		
4 No School Labor Day	5 Stuffed Mini Bagels Pears Oranges Juice	6 Ham, Egg & Cheese on a Bagel Apples Bananas Juice	7 Stuffed Mini Bagel Apples Bananas Juice	8 WG Donuts Apples Bananas					
11 Assorted Benefit Bars Apples Bananas Juice	12 Hard Boiled Eggs Graham Crackers Pears Oranges Juice	13 Assorted Cereal Bars & Yogurt Apples Bananas Juice	14 Egg & Cheese Breakfast Burrito Pears Oranges Juice	15 WG Donut Apples Bananas					
18 Apple Frudel Apples Bananas Juice	19 Fresh Fruit Smoothie Graham Crackers Pears Oranges Juice	20 Sausage, Egg & Cheese on a Bagel Apples Bananas Juice	21 Assorted Benefit Bars Pears Oranges Juice	22 Fresh Fruit Smoothie Graham Crackers Pears Oranges					
25 Yogurt Parfait Graham Crackers Apples Bananas Juice	26 Cinni Mini's Pears Oranges Juice	27 Assorted Benefit Bars Apples Bananas Juice	28 Hard Boiled Eggs Graham Crackers Pears Oranges Juice	29 WG Donuts Apples Bananas					

Check out www.lowell.schooldish.com for Menu's, Nutrition Education & Monthly Promotions!
 Also check out the farm to school website www.lpsfarm2school.com

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