



August/September

Lowell Public Schools: Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Welcome Back!	29 Ham & Cheese on a Bagel Apples Bananas Juice	30 Turkey & Cheese Breakfast Flatbread Apples Bananas Juice	31 Bacon, Egg & Cheese Donut Melt Apples Bananas Juice	1 No School	Breakfast includes: Skim milk 1% Milk FF Chocolate Fresh Fruit 100% Fruit Juice Offered Daily: Assorted WG Cereal WG Bagel & Cream Cheese All Grains are Whole Grain ALL Students Eat At NO COST! LG Locally Grown
4 No School Labor Day	5 Egg & Cheese Bagel Melt Apples Bananas Juice	6 Bacon, Egg & Cheese Flatbread Apples Bananas Juice	7 Sausage, Egg & Cheese Donut Melt Apples ^{LG} Bananas Juice	8 Ham, Egg & Cheese Burrito Apples Bananas	
11 Ham & Cheese on a Bagel Apples Bananas Juice	12 Bacon, Egg & Cheese Bagel Apples Bananas Juice	13 Ham & Cheese Breakfast Flatbread Apples ^{LG} Bananas Juice	14 Bacon, Egg & Cheese Donut Melt Apples Bananas Juice	15 Sausage, Egg & Cheese Burrito Apples Bananas	
18 Turkey & Cheese on a Bagel Apples Bananas Juice	19 Stuffed Mini Bagel Apples Bananas Juice	20 Cinni Mini Apples Bananas Juice	21 Egg & Cheese Breakfast Donut Melt Apples ^{LG} Bananas Juice	22 Bacon, Egg & Cheese Burrito Apples Bananas	
25 Ham & Cheese on a Bagel Apples Bananas Juice	26 WG Donut Apples Bananas Juice	27 Egg & Cheese Breakfast Flatbread Apples ^{LG} Bananas Juice	28 Bagel with Cream Cheese Apples Bananas Juice	29 Ham, Egg & Cheese Burrito Apples ^{LG} Bananas	



Check out www.lowell.schoolish.com for Menu's, Nutrition Education & Monthly Promotions.

Also check out our Farm to School Website!
www.lpsfarm2school.com

Menus are subject to change without notice.



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